

































## Virginia Beach (outer coast), VA - Aug 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:40	3.7	8:03	4.5	1:41	-0.2	1:43	-0.2	6:09	8:10	
2	Thu	8:31	3.8	8:49	4.4	2:27	-0.3	2:33	-0.1	6:10	8:09	
3	Fri	9:18	3.9	9:33	4.2	3:09	-0.3	3:21	0.0	6:11	8:08	
4	Sat	10:04	4.0	10:16	4.0	3:50	-0.2	4:09	0.1	6:12	8:07	
5	Sun	10:49	3.9	10:59	3.7	4:31	-0.1	4:58	0.4	6:13	8:06	
6	Mon	11:33	3.9	11:40	3.5	5:12	0.1	5:48	0.6	6:14	8:05	
7	Tue			12:14	3.8	5:53	0.3	6:37	0.8	6:14	8:04	
8	Wed	12:21	3.2	12:56	3.7	6:34	0.5	7:26	0.9	6:15	8:03	
9	Thu	1:03	3.0	1:42	3.6	7:16	0.6	8:21	1.0	6:16	8:02	
10	Fri	1:53	2.8	2:38	3.5	8:04	0.8	9:19	1.1	6:17	8:00	
11	Sat	2:55	2.7	3:39	3.5	8:56	0.8	10:14	1.0	6:18	7:59	
12	Sun	4:01	2.8	4:34	3.6	9:50	0.8	11:05	0.9	6:19	7:58	
13	Mon	4:57	2.9	5:23	3.8	10:42	0.8	11:54	0.8	6:19	7:57	
14	Tue	5:48	3.0	6:09	3.9	11:34	0.7			6:20	7:56	
15	Wed	6:36	3.2	6:54	4.1	12:39	0.6	12:27	0.5	6:21	7:54	
16	Thu	7:21	3.5	7:36	4.2	1:20	0.4	1:16	0.4	6:22	7:53	
17	Fri	8:03	3.7	8:16	4.2	1:57	0.2	2:01	0.2	6:23	7:52	
18	Sat	8:44	4.0	8:56	4.2	2:34	0.0	2:46	0.1	6:23	7:51	
19	Sun	9:26	4.2	9:38	4.2	3:12	-0.1	3:31	0.1	6:24	7:49	
20	Mon	10:11	4.3	10:24	4.0	3:53	-0.1	4:21	0.2	6:25	7:48	
21	Tue	11:00	4.4	11:12	3.9	4:37	-0.1	5:15	0.3	6:26	7:47	
22	Wed	11:50	4.5			5:27	0.0	6:13	0.4	6:27	7:45	
23	Thu	12:02	3.7	12:42	4.4	6:19	0.1	7:12	0.5	6:28	7:44	
24	Fri	12:56	3.5	1:41	4.3	7:15	0.2	8:18	0.6	6:28	7:43	
25	Sat	1:59	3.3	2:52	4.3	8:18	0.4	9:28	0.6	6:29	7:41	
26	Sun	3:16	3.3	4:04	4.3	9:26	0.4	10:33	0.6	6:30	7:40	
27	Mon	4:31	3.4	5:08	4.3	10:33	0.4	11:34	0.5	6:31	7:39	
28	Tue	5:36	3.6	6:07	4.4	11:38	0.3			6:32	7:37	
29	Wed	6:35	3.8	7:00	4.4	12:32	0.3	12:40	0.3	6:32	7:36	
30	Thu	7:27	4.0	7:47	4.4	1:22	0.2	1:35	0.2	6:33	7:34	
31	Fri	8:13	4.2	8:29	4.3	2:04	0.1	2:22	0.2	6:34	7:33	