

































Virginia Beach (outer coast), VA - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:47	3.5	10:19	3.0	3:31	0.1	4:11	-0.1	7:16	4:58	
2	Wed	10:28	3.4	11:03	3.1	4:20	0.1	4:54	-0.2	7:16	4:59	
3	Thu	11:11	3.2	11:51	3.2	5:12	0.2	5:39	-0.2	7:16	5:00	
4	Fri	11:59	3.1			6:07	0.2	6:28	-0.2	7:17	5:01	
5	Sat	12:45	3.3	12:55	2.9	7:09	0.2	7:24	-0.3	7:17	5:01	
6	Sun	1:49	3.5	2:02	2.8	8:15	0.1	8:24	-0.4	7:17	5:02	
7	Mon	2:56	3.7	3:11	2.8	9:20	0.0	9:24	-0.5	7:17	5:03	
8	Tue	3:59	3.9	4:16	2.9	10:24	-0.2	10:25	-0.6	7:16	5:04	
9	Wed	4:59	4.1	5:20	3.1	11:28	-0.5	11:26	-0.8	7:16	5:05	
10	Thu	5:58	4.3	6:20	3.3			12:26	-0.7	7:16	5:06	
11	Fri	6:53	4.4	7:16	3.4	12:26	-0.9	1:18	-0.9	7:16	5:07	
12	Sat	7:44	4.4	8:07	3.5	1:20	-1.0	2:06	-0.9	7:16	5:08	
13	Sun	8:33	4.3	8:59	3.6	2:11	-0.9	2:53	-0.9	7:16	5:09	
14	Mon	9:22	4.0	9:51	3.5	3:04	-0.7	3:42	-0.8	7:15	5:10	
15	Tue	10:10	3.7	10:42	3.4	3:59	-0.5	4:31	-0.6	7:15	5:11	
16	Wed	10:56	3.4	11:31	3.3	4:55	-0.2	5:18	-0.4	7:15	5:12	
17	Thu	11:42	3.0			5:51	0.0	6:05	-0.2	7:14	5:13	
18	Fri	12:22	3.1	12:29	2.7	6:49	0.3	6:53	0.0	7:14	5:14	
19	Sat	1:20	3.0	1:27	2.5	7:53	0.4	7:45	0.1	7:14	5:15	
20	Sun	2:26	3.0	2:34	2.3	8:56	0.5	8:37	0.2	7:13	5:16	
21	Mon	3:25	3.0	3:35	2.3	9:52	0.5	9:27	0.2	7:13	5:17	
22	Tue	4:14	3.1	4:27	2.4	10:44	0.4	10:16	0.1	7:12	5:18	
23	Wed	5:01	3.2	5:16	2.5	11:33	0.3	11:04	0.0	7:11	5:19	
24	Thu	5:44	3.3	6:01	2.6			12:14	0.1	7:11	5:20	
25	Fri	6:24	3.4	6:41	2.7			12:48	-0.1	7:10	5:21	
26	Sat	6:59	3.5	7:18	2.9	12:33	-0.2	1:20	-0.2	7:10	5:22	
27	Sun	7:34	3.6	7:54	3.0	1:11	-0.3	1:51	-0.3	7:09	5:24	
28	Mon	8:08	3.6	8:31	3.1	1:49	-0.4	2:24	-0.4	7:08	5:25	
29	Tue	8:44	3.5	9:11	3.2	2:29	-0.4	3:01	-0.4	7:07	5:26	
30	Wed	9:23	3.4	9:54	3.3	3:12	-0.3	3:41	-0.4	7:07	5:27	
31	Thu	10:05	3.3	10:39	3.4	4:01	-0.2	4:24	-0.4	7:06	5:28	