US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:04**	4.6	**7:26**	3.5	**12:38**	-0.9	**1:29**	-0.9	7:16	4:58	
2	Thu	**7:55**	4.6	**8:20**	3.6	**1:31**	-1.0	**2:18**	-1.0	7:16	4:59	
3	Fri	**8:47**	4.5	**9:15**	3.7	**2:23**	-0.9	**3:09**	-0.9	7:16	4:59	
4	Sat	**9:40**	4.3	**10:11**	3.6	**3:19**	-0.8	**4:03**	-0.9	7:17	5:00	
5	Sun	**10:33**	4.0	**11:07**	3.6	**4:20**	-0.6	**4:57**	-0.7	7:17	5:01	
6	Mon	**11:25**	3.6			**5:22**	-0.3	**5:51**	-0.6	7:17	5:02	
7	Tue	**12:04**	3.5	**12:19**	3.2	**6:26**	-0.1	**6:46**	-0.4	7:17	5:03	
8	Wed	**1:08**	3.4	**1:21**	2.9	**7:36**	0.1	**7:43**	-0.2	7:16	5:04	
9	Thu	**2:19**	3.3	**2:32**	2.7	**8:45**	0.2	**8:41**	-0.1	7:16	5:05	
10	Fri	**3:23**	3.3	**3:35**	2.6	**9:48**	0.2	**9:34**	-0.1	7:16	5:06	
11	Sat	**4:17**	3.4	**4:30**	2.6	**10:46**	0.2	**10:25**	0.0	7:16	5:07	
12	Sun	**5:06**	3.4	**5:20**	2.6	**11:39**	0.1	**11:15**	-0.1	7:16	5:08	
13	Mon	**5:51**	3.4	**6:06**	2.7			**12:23**	0.1	7:16	5:09	
14	Tue	**6:30**	3.5	**6:46**	2.8	**12:00**	-0.1	**12:59**	-0.1	7:15	5:10	
15	Wed	**7:05**	3.5	**7:22**	2.8	**12:39**	-0.2	**1:30**	-0.1	7:15	5:11	
16	Thu	**7:38**	3.5	**7:57**	2.9	**1:14**	-0.2	**1:58**	-0.2	7:15	5:12	
17	Fri	**8:10**	3.5	**8:33**	2.9	**1:48**	-0.2	**2:28**	-0.2	7:14	5:13	
18	Sat	**8:43**	3.4	**9:09**	2.9	**2:23**	-0.1	**3:01**	-0.2	7:14	5:14	
19	Sun	**9:18**	3.3	**9:47**	2.9	**3:02**	-0.1	**3:37**	-0.2	7:14	5:15	
20	Mon	**9:55**	3.2	**10:27**	3.0	**3:44**	0.0	**4:15**	-0.1	7:13	5:16	
21	Tue	**10:34**	3.1	**11:07**	3.0	**4:30**	0.1	**4:55**	-0.1	7:13	5:17	
22	Wed	**11:15**	2.9	**11:52**	3.1	**5:18**	0.2	**5:38**	-0.1	7:12	5:18	
23	Thu			**12:00**	2.8	**6:11**	0.2	**6:26**	-0.1	7:12	5:19	
24	Fri	**12:44**	3.2	**12:55**	2.7	**7:10**	0.2	**7:21**	-0.2	7:11	5:20	
25	Sat	**1:47**	3.3	**2:00**	2.6	**8:14**	0.2	**8:22**	-0.3	7:10	5:21	
26	Sun	**2:53**	3.5	**3:09**	2.7	**9:18**	0.0	**9:23**	-0.4	7:10	5:22	
27	Mon	**3:56**	3.7	**4:14**	2.9	**10:21**	-0.2	**10:24**	-0.6	7:09	5:23	
28	Tue	**4:56**	4.0	**5:17**	3.1	**11:22**	-0.5	**11:26**	-0.8	7:08	5:24	
29	Wed	**5:55**	4.2	**6:17**	3.4			**12:20**	-0.8	7:08	5:25	
30	Thu	**6:50**	4.4	**7:12**	3.6	**12:25**	-1.0	**1:11**	-1.0	7:07	5:26	
31	Fri	**7:41**	4.4	**8:05**	3.8	**1:20**	-1.1	**1:59**	-1.1	7:06	5:28	