US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Mar 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:25	4.2	7:47	4.1	1:10	-1.0	1:38	-0.9	6:34	5:58	
2	Sun	8:12	4.1	8:36	4.1	2:00	-1.0	2:22	-0.9	6:32	5:59	
3	Mon	9:00	3.9	9:25	4.1	2:50	-0.8	3:08	-0.8	6:31	5:59	
4	Tue	9:47	3.7	10:14	3.9	3:42	-0.6	3:55	-0.6	6:30	6:00	
5	Wed	10:35	3.4	11:02	3.7	4:36	-0.3	4:44	-0.3	6:28	6:01	
6	Thu	11:21	3.1	11:50	3.4	5:29	0.0	5:33	-0.1	6:27	6:02	
7	Fri			12:09	2.8	6:24	0.2	6:25	0.2	6:25	6:03	
8	Sat	12:44	3.2	1:07	2.6	7:25	0.4	7:22	0.4	6:24	6:04	
9	Sun	1:52	3.0	3:21	2.5	9:30	0.6	9:24	0.5	7:23	7:05	
10	Mon	4:02	2.9	4:27	2.6	10:28	0.6	10:22	0.5	7:21	7:06	
11	Tue	4:58	3.0	5:19	2.7	11:19	0.5	11:15	0.4	7:20	7:07	
12	Wed	5:46	3.1	6:06	2.9			12:06	0.4	7:18	7:08	
13	Thu	6:30	3.2	6:49	3.0	12:04	0.3	12:46	0.3	7:17	7:09	
14	Fri	7:09	3.3	7:27	3.2	12:50	0.1	1:21	0.1	7:15	7:10	
15	Sat	7:45	3.4	8:02	3.4	1:30	0.0	1:52	0.0	7:14	7:11	
16	Sun	8:18	3.5	8:36	3.6	2:07	-0.2	2:24	-0.1	7:12	7:12	
17	Mon	8:52	3.5	9:11	3.7	2:43	-0.2	2:56	-0.2	7:11	7:12	
18	Tue	9:27	3.4	9:48	3.8	3:20	-0.3	3:31	-0.2	7:10	7:13	
19	Wed	10:06	3.3	10:29	3.8	4:01	-0.2	4:11	-0.2	7:08	7:14	
20	Thu	10:48	3.3	11:14	3.8	4:46	-0.1	4:55	-0.1	7:07	7:15	
21	Fri	11:33	3.2			5:36	0.0	5:44	0.0	7:05	7:16	
22	Sat	12:02	3.8	12:22	3.1	6:29	0.1	6:38	0.0	7:04	7:17	
23	Sun	12:54	3.7	1:17	3.0	7:27	0.1	7:38	0.1	7:02	7:18	
24	Mon	1:55	3.6	2:24	3.0	8:30	0.2	8:45	0.1	7:01	7:19	
25	Tue	3:08	3.6	3:40	3.1	9:37	0.1	9:55	0.0	6:59	7:19	
26	Wed	4:20	3.7	4:49	3.4	10:40	-0.1	11:02	-0.2	6:58	7:20	
27	Thu	5:24	3.8	5:52	3.7	11:39	-0.2			6:56	7:21	
28	Fri	6:23	3.9	6:49	4.0	12:07	-0.4	12:36	-0.4	6:55	7:22	
29	Sat	7:18	4.0	7:41	4.2	1:07	-0.6	1:27	-0.6	6:53	7:23	
30	Sun	8:07	4.0	8:28	4.3	2:00	-0.7	2:13	-0.6	6:52	7:24	
31	Mon	8:53	3.9	9:13	4.3	2:48	-0.7	2:56	-0.6	6:50	7:25	