

































## Virginia Beach (outer coast), VA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:16	2.9	12:16	2.8	6:24	0.6	6:51	0.2	7:16	4:57	
2	Sat	1:09	2.8	1:07	2.6	7:20	0.6	7:37	0.2	7:16	4:58	
3	Sun	2:10	2.9	2:07	2.5	8:19	0.6	8:25	0.2	7:16	4:59	
4	Mon	3:05	3.0	3:06	2.5	9:15	0.6	9:12	0.2	7:16	5:00	
5	Tue	3:53	3.2	3:59	2.5	10:07	0.4	9:59	0.1	7:17	5:01	
6	Wed	4:39	3.4	4:48	2.6	10:58	0.2	10:46	0.0	7:17	5:02	
7	Thu	5:24	3.6	5:37	2.7	11:47	0.0	11:35	-0.2	7:17	5:02	
8	Fri	6:08	3.8	6:23	2.8			12:31	-0.2	7:17	5:03	
9	Sat	6:50	3.9	7:07	3.0	12:22	-0.4	1:12	-0.4	7:16	5:04	
10	Sun	7:32	4.0	7:50	3.1	1:06	-0.5	1:53	-0.5	7:16	5:05	
11	Mon	8:14	4.1	8:36	3.2	1:51	-0.6	2:35	-0.6	7:16	5:06	
12	Tue	8:59	4.0	9:25	3.3	2:37	-0.6	3:21	-0.7	7:16	5:07	
13	Wed	9:46	3.9	10:16	3.4	3:28	-0.5	4:09	-0.7	7:16	5:08	
14	Thu	10:36	3.7	11:09	3.4	4:25	-0.4	5:00	-0.6	7:16	5:09	
15	Fri	11:26	3.5			5:24	-0.3	5:53	-0.6	7:15	5:10	
16	Sat	12:04	3.4	12:21	3.2	6:26	-0.1	6:48	-0.5	7:15	5:11	
17	Sun	1:07	3.4	1:25	3.0	7:34	0.0	7:48	-0.5	7:15	5:12	
18	Mon	2:19	3.5	2:37	2.8	8:46	0.0	8:49	-0.4	7:14	5:13	
19	Tue	3:28	3.6	3:46	2.8	9:53	-0.1	9:49	-0.5	7:14	5:14	
20	Wed	4:29	3.7	4:48	2.9	10:58	-0.2	10:49	-0.5	7:13	5:15	
21	Thu	5:26	3.8	5:47	3.0	11:58	-0.3	11:47	-0.5	7:13	5:16	
22	Fri	6:18	3.9	6:39	3.1			12:48	-0.4	7:12	5:17	
23	Sat	7:04	3.9	7:24	3.1	12:38	-0.6	1:30	-0.5	7:12	5:18	
24	Sun	7:45	3.9	8:06	3.2	1:23	-0.6	2:09	-0.5	7:11	5:19	
25	Mon	8:24	3.7	8:47	3.1	2:04	-0.5	2:46	-0.5	7:11	5:21	
26	Tue	9:02	3.6	9:28	3.1	2:43	-0.3	3:23	-0.4	7:10	5:22	
27	Wed	9:40	3.4	10:09	3.0	3:24	-0.2	4:00	-0.2	7:09	5:23	
28	Thu	10:17	3.2	10:49	3.0	4:08	0.0	4:39	-0.1	7:09	5:24	
29	Fri	10:55	3.0	11:29	2.9	4:53	0.2	5:17	0.0	7:08	5:25	
30	Sat	11:34	2.7			5:39	0.3	5:58	0.1	7:07	5:26	
31	Sun	12:12	2.8	12:17	2.5	6:28	0.4	6:42	0.2	7:06	5:27	