

































Virginia Beach (outer coast), VA - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:13	3.0	12:26	2.5	6:38	0.5	6:46	0.3	6:33	5:58	
2	Wed	1:06	3.0	1:23	2.5	7:36	0.5	7:43	0.3	6:32	5:59	
3	Thu	2:10	3.1	2:30	2.5	8:36	0.4	8:42	0.2	6:30	6:00	
4	Fri	3:13	3.2	3:33	2.7	9:34	0.3	9:41	0.0	6:29	6:01	
5	Sat	4:11	3.5	4:31	2.9	10:30	0.1	10:39	-0.2	6:28	6:02	
6	Sun	5:05	3.7	5:26	3.3	11:24	-0.2	11:36	-0.5	6:26	6:03	
7	Mon	5:58	3.9	6:19	3.6			12:15	-0.5	6:25	6:04	
8	Tue	6:47	4.1	7:08	3.9	12:31	-0.7	1:02	-0.7	6:23	6:05	
9	Wed	7:35	4.2	7:57	4.2	1:21	-0.9	1:47	-0.9	6:22	6:06	
10	Thu	8:23	4.2	8:46	4.3	2:11	-1.0	2:32	-0.9	6:20	6:07	
11	Fri	9:12	4.0	9:38	4.3	3:03	-0.9	3:21	-0.8	6:19	6:07	
12	Sat	10:04	3.8	10:32	4.2	3:59	-0.7	4:14	-0.7	6:18	6:08	
13	Sun	11:57	3.5			5:58	-0.5	6:09	-0.5	7:16	7:09	
14	Mon	12:27	4.0	12:52	3.2	6:59	-0.2	7:07	-0.2	7:15	7:10	
15	Tue	1:26	3.7	1:55	3.0	8:05	0.0	8:12	0.0	7:13	7:11	
16	Wed	2:39	3.5	3:14	2.9	9:17	0.2	9:22	0.1	7:12	7:12	
17	Thu	3:57	3.4	4:28	2.9	10:24	0.2	10:30	0.1	7:10	7:13	
18	Fri	5:03	3.4	5:28	3.0	11:24	0.2	11:32	0.1	7:09	7:14	
19	Sat	5:58	3.4	6:21	3.2			12:19	0.2	7:07	7:15	
20	Sun	6:47	3.4	7:06	3.3	12:29	0.0	1:05	0.1	7:06	7:16	
21	Mon	7:29	3.5	7:46	3.5	1:17	0.0	1:43	0.0	7:04	7:16	
22	Tue	8:04	3.5	8:20	3.6	1:56	-0.1	2:14	-0.1	7:03	7:17	
23	Wed	8:37	3.5	8:53	3.6	2:29	-0.1	2:42	-0.1	7:01	7:18	
24	Thu	9:08	3.4	9:25	3.6	3:01	-0.1	3:11	0.0	7:00	7:19	
25	Fri	9:41	3.3	9:59	3.6	3:33	0.0	3:42	0.0	6:58	7:20	
26	Sat	10:16	3.2	10:35	3.5	4:09	0.0	4:16	0.2	6:57	7:21	
27	Sun	10:53	3.1	11:13	3.5	4:48	0.2	4:54	0.3	6:55	7:22	
28	Mon	11:31	3.0	11:53	3.4	5:31	0.3	5:35	0.4	6:54	7:23	
29	Tue			12:11	2.8	6:16	0.4	6:21	0.5	6:52	7:23	
30	Wed	12:36	3.3	12:56	2.8	7:04	0.5	7:10	0.5	6:51	7:24	
31	Thu	1:25	3.3	1:49	2.7	7:58	0.5	8:08	0.5	6:50	7:25	