

































Virginia Beach (outer coast), VA - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:07	3.1	6:30	3.5	12:00	0.5	12:06	0.4	6:09	7:52	
2	Thu	6:49	3.2	7:08	3.7	12:46	0.3	12:46	0.2	6:08	7:53	
3	Fri	7:29	3.3	7:44	3.9	1:27	0.1	1:24	0.1	6:07	7:54	
4	Sat	8:07	3.3	8:21	4.1	2:06	0.0	2:01	0.0	6:06	7:54	
5	Sun	8:45	3.3	8:59	4.2	2:44	-0.1	2:38	0.0	6:05	7:55	
6	Mon	9:24	3.3	9:39	4.2	3:23	-0.2	3:18	0.0	6:04	7:56	
7	Tue	10:08	3.2	10:25	4.2	4:07	-0.1	4:02	0.0	6:03	7:57	
8	Wed	10:55	3.2	11:13	4.1	4:55	-0.1	4:52	0.1	6:02	7:58	
9	Thu	11:45	3.2			5:48	0.0	5:48	0.2	6:01	7:59	
10	Fri	12:05	4.0	12:39	3.1	6:43	0.1	6:47	0.2	6:00	8:00	
11	Sat	1:00	3.8	1:40	3.2	7:41	0.1	7:53	0.3	5:59	8:01	
12	Sun	2:03	3.7	2:52	3.3	8:43	0.1	9:03	0.3	5:58	8:01	
13	Mon	3:15	3.6	4:03	3.5	9:44	0.0	10:12	0.1	5:57	8:02	
14	Tue	4:24	3.5	5:04	3.8	10:41	-0.1	11:18	0.0	5:56	8:03	
15	Wed	5:25	3.5	6:00	4.1	11:35	-0.2			5:56	8:04	
16	Thu	6:22	3.5	6:52	4.3	12:21	-0.2	12:28	-0.3	5:55	8:05	
17	Fri	7:16	3.5	7:41	4.5	1:18	-0.3	1:18	-0.3	5:54	8:06	
18	Sat	8:05	3.5	8:26	4.5	2:08	-0.4	2:04	-0.3	5:53	8:06	
19	Sun	8:51	3.4	9:09	4.4	2:53	-0.4	2:46	-0.2	5:53	8:07	
20	Mon	9:35	3.3	9:52	4.2	3:37	-0.3	3:28	-0.1	5:52	8:08	
21	Tue	10:21	3.2	10:36	4.0	4:21	-0.2	4:12	0.2	5:51	8:09	
22	Wed	11:07	3.1	11:20	3.8	5:07	0.0	5:00	0.4	5:51	8:10	
23	Thu	11:52	3.0			5:53	0.2	5:49	0.6	5:50	8:10	
24	Fri	12:03	3.5	12:37	2.9	6:38	0.4	6:40	0.7	5:49	8:11	
25	Sat	12:47	3.3	1:26	2.8	7:24	0.5	7:33	0.8	5:49	8:12	
26	Sun	1:35	3.1	2:23	2.8	8:11	0.5	8:31	0.9	5:48	8:13	
27	Mon	2:32	3.0	3:25	2.9	8:59	0.5	9:31	0.8	5:48	8:13	
28	Tue	3:33	2.9	4:17	3.1	9:45	0.5	10:25	0.7	5:47	8:14	
29	Wed	4:26	2.9	5:01	3.3	10:29	0.4	11:15	0.6	5:47	8:15	
30	Thu	5:15	2.9	5:43	3.6	11:12	0.3			5:46	8:15	
31	Fri	6:02	3.0	6:26	3.8	12:06	0.4	11:57 AM	0.2	5:46	8:16	