US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jun 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:49	3.0	7:09	4.1	12:55	0.2	12:42	0.1	5:46	8:17	
2	Sun	7:34	3.1	7:52	4.3	1:40	0.0	1:27	-0.1	5:45	8:17	
3	Mon	8:18	3.2	8:35	4.4	2:22	-0.2	2:11	-0.2	5:45	8:18	
4	Tue	9:03	3.2	9:20	4.4	3:05	-0.3	2:56	-0.2	5:45	8:19	
5	Wed	9:51	3.3	10:09	4.4	3:51	-0.3	3:44	-0.2	5:44	8:19	
6	Thu	10:43	3.3	11:01	4.2	4:41	-0.3	4:38	-0.1	5:44	8:20	
7	Fri	11:37	3.3	11:54	4.1	5:35	-0.2	5:38	0.0	5:44	8:20	
8	Sat			12:32	3.4	6:30	-0.2	6:40	0.1	5:44	8:21	
9	Sun	12:48	3.9	1:32	3.4	7:26	-0.2	7:45	0.2	5:44	8:21	
10	Mon	1:48	3.6	2:41	3.5	8:23	-0.1	8:56	0.2	5:44	8:22	
11	Tue	2:56	3.4	3:49	3.7	9:21	-0.1	10:05	0.2	5:44	8:22	
12	Wed	4:04	3.3	4:49	3.9	10:16	-0.1	11:09	0.1	5:44	8:23	
13	Thu	5:06	3.2	5:43	4.1	11:09	-0.2			5:44	8:23	
14	Fri	6:03	3.1	6:35	4.2	12:11	0.0	12:02	-0.1	5:44	8:24	
15	Sat	6:58	3.1	7:23	4.3	1:08	-0.1	12:54	-0.1	5:44	8:24	
16	Sun	7:48	3.2	8:08	4.3	1:57	-0.2	1:42	-0.1	5:44	8:24	
17	Mon	8:33	3.2	8:49	4.2	2:39	-0.2	2:24	0.0	5:44	8:25	
18	Tue	9:15	3.1	9:29	4.1	3:18	-0.2	3:05	0.1	5:44	8:25	
19	Wed	9:57	3.1	10:09	3.9	3:57	-0.1	3:46	0.2	5:44	8:25	
20	Thu	10:41	3.0	10:50	3.7	4:38	0.1	4:29	0.4	5:44	8:26	
21	Fri	11:24	3.0	11:31	3.5	5:19	0.2	5:16	0.6	5:44	8:26	
22	Sat			12:06	3.0	6:00	0.3	6:04	0.7	5:45	8:26	
23	Sun	12:11	3.3	12:48	3.0	6:41	0.3	6:53	0.8	5:45	8:26	
24	Mon	12:52	3.1	1:34	3.0	7:22	0.4	7:45	0.9	5:45	8:26	
25	Tue	1:38	3.0	2:25	3.1	8:05	0.4	8:41	0.8	5:46	8:27	
26	Wed	2:31	2.8	3:20	3.2	8:51	0.4	9:38	0.8	5:46	8:27	
27	Thu	3:29	2.8	4:11	3.4	9:38	0.3	10:32	0.6	5:46	8:27	
28	Fri	4:25	2.8	4:59	3.7	10:25	0.3	11:25	0.4	5:47	8:27	
29	Sat	5:17	2.8	5:47	3.9	11:14	0.2			5:47	8:27	
30	Sun	6:10	2.9	6:36	4.2	12:20	0.2	12:05	0.0	5:47	8:27	