



Virginia Beach (outer coast), VA - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:26	3.8	8:47	4.8	2:26	-0.4	2:25	-0.4	6:09	8:11	☀
2	Fri	9:18	4.0	9:38	4.7	3:14	-0.5	3:18	-0.4	6:10	8:10	☀
3	Sat	10:12	4.1	10:31	4.5	4:03	-0.5	4:15	-0.3	6:11	8:09	☀
4	Sun	11:08	4.2	11:24	4.3	4:54	-0.4	5:15	-0.1	6:11	8:08	☀
5	Mon			12:02	4.2	5:47	-0.3	6:18	0.1	6:12	8:07	☀
6	Tue	12:16	3.9	12:58	4.2	6:40	-0.2	7:21	0.3	6:13	8:06	☀
7	Wed	1:11	3.6	1:58	4.1	7:33	0.0	8:29	0.4	6:14	8:05	☀
8	Thu	2:13	3.3	3:06	4.1	8:30	0.2	9:39	0.5	6:15	8:03	☀
9	Fri	3:26	3.1	4:11	4.1	9:30	0.3	10:42	0.6	6:15	8:02	☀
10	Sat	4:34	3.0	5:08	4.0	10:28	0.5	11:41	0.6	6:16	8:01	☀
11	Sun	5:33	3.0	6:01	4.0	11:24	0.5			6:17	8:00	☀
12	Mon	6:27	3.1	6:49	4.0	12:36	0.5	12:19	0.5	6:18	7:59	☀
13	Tue	7:15	3.2	7:32	4.1	1:23	0.5	1:09	0.5	6:19	7:58	☀
14	Wed	7:56	3.3	8:09	4.1	2:01	0.4	1:50	0.5	6:20	7:57	☀
15	Thu	8:32	3.4	8:43	4.0	2:32	0.4	2:26	0.5	6:20	7:55	☀
16	Fri	9:07	3.5	9:17	4.0	3:02	0.3	3:01	0.5	6:21	7:54	☀
17	Sat	9:42	3.6	9:51	3.9	3:31	0.3	3:37	0.6	6:22	7:53	☀
18	Sun	10:19	3.6	10:27	3.7	4:04	0.4	4:15	0.7	6:23	7:52	☀
19	Mon	10:56	3.6	11:04	3.6	4:38	0.4	4:58	0.8	6:24	7:50	☀
20	Tue	11:33	3.7	11:42	3.4	5:16	0.5	5:44	0.9	6:25	7:49	☀
21	Wed			12:12	3.7	5:55	0.6	6:31	0.9	6:25	7:48	☀
22	Thu	12:22	3.3	12:53	3.8	6:36	0.6	7:21	1.0	6:26	7:46	☀
23	Fri	1:06	3.1	1:42	3.8	7:22	0.7	8:18	1.0	6:27	7:45	☀
24	Sat	2:00	3.0	2:41	3.9	8:15	0.7	9:20	0.9	6:28	7:44	☀
25	Sun	3:05	3.0	3:45	4.1	9:14	0.6	10:20	0.7	6:29	7:42	☀
26	Mon	4:12	3.2	4:46	4.3	10:15	0.5	11:19	0.5	6:29	7:41	☀
27	Tue	5:14	3.4	5:45	4.5	11:15	0.3			6:30	7:40	☀
28	Wed	6:15	3.7	6:43	4.7	12:18	0.3	12:17	0.1	6:31	7:38	☀
29	Thu	7:13	4.0	7:38	4.9	1:13	0.0	1:17	-0.1	6:32	7:37	☀
30	Fri	8:07	4.3	8:29	4.9	2:03	-0.2	2:12	-0.3	6:33	7:35	☀
31	Sat	8:59	4.6	9:20	4.8	2:50	-0.4	3:06	-0.3	6:34	7:34	☀