US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:35	4.5			5:09	0.5	6:11	0.5	7:27	6:07	
2	Sat	12:01	3.4	12:25	4.2	6:04	0.7	7:07	0.7	7:28	6:06	
3	Sun	12:54	3.2	12:17	3.9	6:01	1.0	7:05	0.9	6:29	5:05	
4	Mon	12:56	3.1	1:17	3.6	7:03	1.1	8:04	0.9	6:30	5:04	
5	Tue	2:12	3.1	2:24	3.5	8:10	1.2	8:55	0.9	6:31	5:03	
6	Wed	3:14	3.2	3:20	3.5	9:09	1.2	9:38	0.8	6:32	5:02	
7	Thu	4:02	3.4	4:07	3.5	10:01	1.1	10:16	0.7	6:33	5:01	
8	Fri	4:43	3.6	4:49	3.5	10:48	0.9	10:54	0.6	6:34	5:00	
9	Sat	5:21	3.8	5:30	3.5	11:34	0.8	11:31	0.5	6:35	4:59	
10	Sun	5:58	4.0	6:10	3.5			12:15	0.6	6:36	4:58	
11	Mon	6:33	4.2	6:47	3.5	12:08	0.4	12:52	0.5	6:37	4:57	
12	Tue	7:07	4.3	7:24	3.5	12:43	0.3	1:28	0.4	6:38	4:57	
13	Wed	7:43	4.4	8:02	3.4	1:19	0.2	2:06	0.3	6:39	4:56	
14	Thu	8:21	4.4	8:42	3.4	1:56	0.2	2:46	0.3	6:40	4:55	
15	Fri	9:03	4.4	9:27	3.3	2:36	0.3	3:32	0.3	6:42	4:54	
16	Sat	9:49	4.3	10:17	3.2	3:22	0.4	4:22	0.4	6:43	4:54	
17	Sun	10:38	4.2	11:09	3.2	4:15	0.5	5:16	0.4	6:44	4:53	
18	Mon	11:30	4.1			5:13	0.5	6:12	0.4	6:45	4:52	
19	Tue	12:06	3.3	12:27	4.0	6:15	0.6	7:11	0.3	6:46	4:52	
20	Wed	1:13	3.4	1:33	3.8	7:23	0.6	8:12	0.2	6:47	4:51	
21	Thu	2:27	3.6	2:43	3.8	8:34	0.5	9:09	0.1	6:48	4:51	
22	Fri	3:32	3.9	3:46	3.8	9:40	0.3	10:02	-0.1	6:49	4:50	
23	Sat	4:29	4.2	4:44	3.8	10:44	0.1	10:56	-0.2	6:50	4:50	
24	Sun	5:23	4.5	5:41	3.7	11:45	-0.1	11:48	-0.3	6:51	4:49	
25	Mon	6:15	4.7	6:34	3.7			12:40	-0.2	6:52	4:49	
26	Tue	7:03	4.8	7:22	3.7	12:37	-0.4	1:29	-0.3	6:53	4:49	
27	Wed	7:48	4.8	8:09	3.5	1:22	-0.3	2:15	-0.2	6:54	4:48	
28	Thu	8:33	4.6	8:56	3.4	2:06	-0.2	3:01	-0.1	6:55	4:48	
29	Fri	9:19	4.4	9:45	3.2	2:51	0.0	3:50	0.1	6:56	4:48	
30	Sat	10:06	4.1	10:34	3.1	3:39	0.3	4:40	0.2	6:57	4:48	