

































Virginia Beach (outer coast), VA - Nov 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:35 | 4.5 | | | 5:09 | 0.5 | 6:11 | 0.5 | 7:27 | 6:07 |  |
| 2 | Sat | 12:01 | 3.4 | 12:25 | 4.2 | 6:04 | 0.7 | 7:07 | 0.7 | 7:28 | 6:06 |  |
| 3 | Sun | 12:54 | 3.2 | 12:17 | 3.9 | 6:01 | 1.0 | 7:05 | 0.9 | 6:29 | 5:05 |  |
| 4 | Mon | 12:56 | 3.1 | 1:17 | 3.6 | 7:03 | 1.1 | 8:04 | 0.9 | 6:30 | 5:04 |  |
| 5 | Tue | 2:12 | 3.1 | 2:24 | 3.5 | 8:10 | 1.2 | 8:55 | 0.9 | 6:31 | 5:03 |  |
| 6 | Wed | 3:14 | 3.2 | 3:20 | 3.5 | 9:09 | 1.2 | 9:38 | 0.8 | 6:32 | 5:02 |  |
| 7 | Thu | 4:02 | 3.4 | 4:07 | 3.5 | 10:01 | 1.1 | 10:16 | 0.7 | 6:33 | 5:01 |  |
| 8 | Fri | 4:43 | 3.6 | 4:49 | 3.5 | 10:48 | 0.9 | 10:54 | 0.6 | 6:34 | 5:00 |  |
| 9 | Sat | 5:21 | 3.8 | 5:30 | 3.5 | 11:34 | 0.8 | 11:31 | 0.5 | 6:35 | 4:59 |  |
| 10 | Sun | 5:58 | 4.0 | 6:10 | 3.5 | | | 12:15 | 0.6 | 6:36 | 4:58 |  |
| 11 | Mon | 6:33 | 4.2 | 6:47 | 3.5 | 12:08 | 0.4 | 12:52 | 0.5 | 6:37 | 4:57 |  |
| 12 | Tue | 7:07 | 4.3 | 7:24 | 3.5 | 12:43 | 0.3 | 1:28 | 0.4 | 6:38 | 4:57 |  |
| 13 | Wed | 7:43 | 4.4 | 8:02 | 3.4 | 1:19 | 0.2 | 2:06 | 0.3 | 6:39 | 4:56 |  |
| 14 | Thu | 8:21 | 4.4 | 8:42 | 3.4 | 1:56 | 0.2 | 2:46 | 0.3 | 6:40 | 4:55 |  |
| 15 | Fri | 9:03 | 4.4 | 9:27 | 3.3 | 2:36 | 0.3 | 3:32 | 0.3 | 6:42 | 4:54 |  |
| 16 | Sat | 9:49 | 4.3 | 10:17 | 3.2 | 3:22 | 0.4 | 4:22 | 0.4 | 6:43 | 4:54 |  |
| 17 | Sun | 10:38 | 4.2 | 11:09 | 3.2 | 4:15 | 0.5 | 5:16 | 0.4 | 6:44 | 4:53 |  |
| 18 | Mon | 11:30 | 4.1 | | | 5:13 | 0.5 | 6:12 | 0.4 | 6:45 | 4:52 |  |
| 19 | Tue | 12:06 | 3.3 | 12:27 | 4.0 | 6:15 | 0.6 | 7:11 | 0.3 | 6:46 | 4:52 |  |
| 20 | Wed | 1:13 | 3.4 | 1:33 | 3.8 | 7:23 | 0.6 | 8:12 | 0.2 | 6:47 | 4:51 |  |
| 21 | Thu | 2:27 | 3.6 | 2:43 | 3.8 | 8:34 | 0.5 | 9:09 | 0.1 | 6:48 | 4:51 |  |
| 22 | Fri | 3:32 | 3.9 | 3:46 | 3.8 | 9:40 | 0.3 | 10:02 | -0.1 | 6:49 | 4:50 |  |
| 23 | Sat | 4:29 | 4.2 | 4:44 | 3.8 | 10:44 | 0.1 | 10:56 | -0.2 | 6:50 | 4:50 |  |
| 24 | Sun | 5:23 | 4.5 | 5:41 | 3.7 | 11:45 | -0.1 | 11:48 | -0.3 | 6:51 | 4:49 |  |
| 25 | Mon | 6:15 | 4.7 | 6:34 | 3.7 | | | 12:40 | -0.2 | 6:52 | 4:49 |  |
| 26 | Tue | 7:03 | 4.8 | 7:22 | 3.7 | 12:37 | -0.4 | 1:29 | -0.3 | 6:53 | 4:49 |  |
| 27 | Wed | 7:48 | 4.8 | 8:09 | 3.5 | 1:22 | -0.3 | 2:15 | -0.2 | 6:54 | 4:48 |  |
| 28 | Thu | 8:33 | 4.6 | 8:56 | 3.4 | 2:06 | -0.2 | 3:01 | -0.1 | 6:55 | 4:48 |  |
| 29 | Fri | 9:19 | 4.4 | 9:45 | 3.2 | 2:51 | 0.0 | 3:50 | 0.1 | 6:56 | 4:48 |  |
| 30 | Sat | 10:06 | 4.1 | 10:34 | 3.1 | 3:39 | 0.3 | 4:40 | 0.2 | 6:57 | 4:48 |  |