US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:39	3.0			5:36	0.6	6:11	0.2	7:16	4:58	
2	Thu	12:18	2.7	12:23	2.8	6:27	0.7	6:53	0.2	7:16	4:58	
3	Fri	1:11	2.7	1:14	2.6	7:25	0.7	7:39	0.3	7:16	4:59	
4	Sat	2:10	2.8	2:14	2.5	8:25	0.7	8:26	0.2	7:16	5:00	
5	Sun	3:04	3.0	3:11	2.4	9:21	0.5	9:13	0.1	7:17	5:01	
6	Mon	3:52	3.2	4:04	2.5	10:14	0.4	10:00	0.0	7:17	5:02	
7	Tue	4:39	3.5	4:55	2.5	11:08	0.2	10:50	-0.1	7:17	5:03	
8	Wed	5:26	3.7	5:45	2.7	11:58	0.0	11:40	-0.3	7:17	5:03	
9	Thu	6:13	3.9	6:34	2.8			12:45	-0.3	7:16	5:04	
10	Fri	6:59	4.1	7:20	3.0	12:30	-0.5	1:28	-0.5	7:16	5:05	
11	Sat	7:44	4.2	8:07	3.1	1:17	-0.6	2:12	-0.6	7:16	5:06	
12	Sun	8:31	4.2	8:57	3.2	2:05	-0.7	2:58	-0.6	7:16	5:07	
13	Mon	9:19	4.1	9:50	3.3	2:55	-0.7	3:47	-0.7	7:16	5:08	
14	Tue	10:10	3.9	10:44	3.3	3:51	-0.5	4:39	-0.6	7:16	5:09	
15	Wed	11:01	3.7	11:39	3.4	4:51	-0.4	5:30	-0.6	7:15	5:10	
16	Thu	11:53	3.4			5:53	-0.2	6:23	-0.5	7:15	5:11	
17	Fri	12:39	3.4	12:51	3.0	6:59	-0.1	7:20	-0.4	7:15	5:12	
18	Sat	1:47	3.5	2:00	2.8	8:11	0.0	8:19	-0.4	7:14	5:13	
19	Sun	2:57	3.5	3:12	2.7	9:21	0.0	9:18	-0.3	7:14	5:14	
20	Mon	3:59	3.6	4:15	2.6	10:26	0.0	10:15	-0.3	7:13	5:15	
21	Tue	4:56	3.7	5:15	2.6	11:29	-0.1	11:13	-0.3	7:13	5:16	
22	Wed	5:50	3.8	6:09	2.7			12:23	-0.2	7:12	5:17	
23	Thu	6:38	3.8	6:56	2.8	12:08	-0.4	1:07	-0.3	7:12	5:18	
24	Fri	7:20	3.8	7:37	2.9	12:54	-0.4	1:45	-0.3	7:11	5:20	
25	Sat	7:58	3.7	8:16	2.9	1:34	-0.4	2:20	-0.3	7:11	5:21	
26	Sun	8:34	3.6	8:55	2.9	2:12	-0.3	2:54	-0.3	7:10	5:22	
27	Mon	9:11	3.5	9:34	2.9	2:49	-0.1	3:29	-0.2	7:09	5:23	
28	Tue	9:47	3.3	10:13	2.8	3:29	0.0	4:06	-0.1	7:09	5:24	
29	Wed	10:24	3.1	10:52	2.8	4:12	0.2	4:43	0.0	7:08	5:25	
30	Thu	11:01	2.9	11:32	2.8	4:57	0.3	5:21	0.0	7:07	5:26	
31	Fri	11:40	2.7			5:44	0.4	6:00	0.1	7:06	5:27	