
































Virginia Beach (outer coast), VA - Jun 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:05	3.4	4:49	4.0	10:22	-0.2	11:08	0.0	5:45	8:17	
2	Tue	5:07	3.4	5:45	4.3	11:16	-0.3			5:45	8:18	
3	Wed	6:06	3.4	6:40	4.5	12:11	-0.2	12:11	-0.4	5:45	8:19	
4	Thu	7:05	3.4	7:33	4.7	1:11	-0.4	1:05	-0.4	5:45	8:19	
5	Fri	7:59	3.4	8:23	4.7	2:05	-0.5	1:56	-0.4	5:44	8:20	
6	Sat	8:50	3.4	9:11	4.6	2:53	-0.5	2:45	-0.4	5:44	8:20	
7	Sun	9:40	3.3	9:59	4.4	3:41	-0.4	3:33	-0.2	5:44	8:21	
8	Mon	10:31	3.3	10:49	4.1	4:31	-0.3	4:24	0.0	5:44	8:21	
9	Tue	11:23	3.2	11:37	3.8	5:22	-0.1	5:20	0.3	5:44	8:22	
10	Wed			12:13	3.1	6:12	0.1	6:15	0.5	5:44	8:22	
11	Thu	12:23	3.5	1:02	3.0	6:59	0.2	7:11	0.7	5:44	8:23	
12	Fri	1:09	3.2	1:56	3.0	7:45	0.3	8:10	0.8	5:44	8:23	
13	Sat	2:00	3.0	2:57	3.0	8:31	0.4	9:12	0.8	5:44	8:24	
14	Sun	2:59	2.8	3:53	3.1	9:16	0.4	10:07	0.8	5:44	8:24	
15	Mon	3:56	2.7	4:38	3.3	9:58	0.4	10:58	0.7	5:44	8:24	
16	Tue	4:47	2.7	5:20	3.5	10:39	0.4	11:47	0.6	5:44	8:25	
17	Wed	5:34	2.7	6:01	3.6	11:21	0.4			5:44	8:25	
18	Thu	6:21	2.7	6:42	3.8	12:35	0.4	12:06	0.3	5:44	8:25	
19	Fri	7:07	2.8	7:23	4.0	1:18	0.2	12:52	0.2	5:44	8:26	
20	Sat	7:50	2.9	8:03	4.1	1:57	0.1	1:35	0.1	5:44	8:26	
21	Sun	8:31	3.0	8:44	4.1	2:35	0.0	2:18	0.1	5:45	8:26	
22	Mon	9:12	3.0	9:26	4.2	3:14	-0.1	3:01	0.0	5:45	8:26	
23	Tue	9:57	3.1	10:11	4.1	3:56	-0.1	3:47	0.1	5:45	8:26	
24	Wed	10:45	3.2	10:59	4.0	4:43	-0.1	4:39	0.1	5:45	8:27	
25	Thu	11:36	3.3	11:48	3.9	5:32	-0.1	5:36	0.2	5:46	8:27	
26	Fri			12:27	3.4	6:21	-0.1	6:35	0.2	5:46	8:27	
27	Sat	12:38	3.7	1:22	3.5	7:12	-0.2	7:37	0.3	5:47	8:27	
28	Sun	1:32	3.5	2:25	3.7	8:05	-0.2	8:45	0.3	5:47	8:27	
29	Mon	2:36	3.3	3:31	3.9	9:01	-0.2	9:52	0.2	5:47	8:27	
30	Tue	3:44	3.2	4:32	4.1	9:56	-0.2	10:57	0.1	5:48	8:27	