US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:48	3.1	5:29	4.3	10:52	-0.2			5:48	8:27	
2	Thu	5:50	3.1	6:25	4.4	12:00	0.0	11:49 AM	-0.2	5:49	8:26	
3	Fri	6:50	3.1	7:19	4.5	1:01	-0.1	12:46	-0.2	5:49	8:26	
4	Sat	7:46	3.2	8:09	4.5	1:54	-0.2	1:41	-0.2	5:50	8:26	
5	Sun	8:35	3.3	8:55	4.4	2:41	-0.3	2:29	-0.1	5:50	8:26	
6	Mon	9:23	3.3	9:40	4.2	3:24	-0.2	3:16	0.0	5:51	8:26	
7	Tue	10:10	3.3	10:24	4.0	4:08	-0.1	4:03	0.2	5:51	8:26	
8	Wed	10:57	3.2	11:07	3.7	4:52	0.0	4:52	0.4	5:52	8:25	
9	Thu	11:42	3.2	11:49	3.5	5:35	0.1	5:43	0.5	5:53	8:25	
10	Fri			12:25	3.2	6:16	0.2	6:32	0.7	5:53	8:25	
11	Sat	12:28	3.3	1:08	3.2	6:55	0.3	7:22	0.8	5:54	8:24	
12	Sun	1:10	3.0	1:56	3.2	7:35	0.4	8:17	0.9	5:54	8:24	
13	Mon	1:57	2.8	2:49	3.2	8:17	0.5	9:14	0.9	5:55	8:23	
14	Tue	2:54	2.7	3:42	3.4	9:03	0.5	10:08	0.8	5:56	8:23	
15	Wed	3:54	2.6	4:31	3.5	9:50	0.5	11:00	0.7	5:57	8:22	
16	Thu	4:48	2.6	5:17	3.7	10:37	0.5	11:51	0.6	5:57	8:22	
17	Fri	5:39	2.7	6:04	3.9	11:26	0.4			5:58	8:21	
18	Sat	6:30	2.8	6:52	4.1	12:42	0.4	12:18	0.3	5:59	8:21	
19	Sun	7:19	3.0	7:38	4.2	1:28	0.2	1:09	0.2	5:59	8:20	
20	Mon	8:05	3.2	8:23	4.3	2:11	0.0	1:57	0.0	6:00	8:20	
21	Tue	8:51	3.3	9:07	4.4	2:52	-0.1	2:44	-0.1	6:01	8:19	
22	Wed	9:38	3.5	9:54	4.4	3:34	-0.2	3:33	-0.1	6:02	8:18	
23	Thu	10:28	3.6	10:42	4.2	4:20	-0.3	4:26	0.0	6:02	8:17	
24	Fri	11:19	3.8	11:32	4.0	5:09	-0.3	5:24	0.1	6:03	8:17	
25	Sat			12:11	3.9	5:58	-0.2	6:24	0.2	6:04	8:16	
26	Sun	12:22	3.8	1:05	4.0	6:48	-0.2	7:26	0.3	6:05	8:15	
27	Mon	1:15	3.5	2:05	4.1	7:41	-0.1	8:33	0.4	6:06	8:14	
28	Tue	2:17	3.3	3:12	4.1	8:37	0.0	9:42	0.4	6:06	8:13	
29	Wed	3:28	3.1	4:17	4.2	9:37	0.1	10:48	0.3	6:07	8:13	
30	Thu	4:37	3.0	5:17	4.3	10:36	0.1	11:51	0.3	6:08	8:12	
31	Fri	5:41	3.1	6:14	4.3	11:35	0.2			6:09	8:11	