US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:59	4.4	6:21	3.1			12:33	-0.6	7:16	4:58	
2	Sun	6:55	4.6	7:17	3.2	12:23	-0.8	1:25	-0.7	7:16	4:59	
3	Mon	7:48	4.6	8:11	3.2	1:17	-0.8	2:16	-0.7	7:16	5:00	
4	Tue	8:40	4.4	9:05	3.3	2:10	-0.8	3:07	-0.7	7:17	5:00	
5	Wed	9:32	4.2	10:01	3.2	3:05	-0.6	4:00	-0.6	7:17	5:01	
6	Thu	10:24	3.9	10:56	3.2	4:03	-0.4	4:53	-0.5	7:17	5:02	
7	Fri	11:13	3.5	11:50	3.1	5:04	-0.2	5:43	-0.3	7:17	5:03	
8	Sat			12:02	3.2	6:05	0.1	6:32	-0.2	7:16	5:04	
9	Sun	12:47	3.1	12:54	2.8	7:10	0.3	7:21	0.0	7:16	5:05	
10	Mon	1:52	3.1	1:56	2.5	8:18	0.4	8:10	0.1	7:16	5:06	
11	Tue	2:53	3.1	2:59	2.4	9:19	0.5	8:58	0.1	7:16	5:07	
12	Wed	3:45	3.1	3:53	2.3	10:15	0.4	9:43	0.2	7:16	5:08	
13	Thu	4:31	3.2	4:43	2.3	11:07	0.4	10:29	0.1	7:16	5:09	
14	Fri	5:15	3.3	5:31	2.4	11:55	0.3	11:16	0.1	7:15	5:10	
15	Sat	5:57	3.4	6:15	2.5			12:35	0.1	7:15	5:11	
16	Sun	6:36	3.5	6:55	2.5	12:00	0.0	1:09	0.0	7:15	5:12	
17	Mon	7:13	3.6	7:31	2.6	12:41	-0.1	1:40	-0.1	7:14	5:13	
18	Tue	7:48	3.6	8:07	2.7	1:19	-0.2	2:12	-0.1	7:14	5:14	
19	Wed	8:22	3.6	8:45	2.7	1:56	-0.2	2:45	-0.2	7:14	5:15	
20	Thu	8:59	3.5	9:25	2.8	2:35	-0.2	3:22	-0.2	7:13	5:16	
21	Fri	9:37	3.5	10:07	2.9	3:18	-0.1	4:01	-0.2	7:13	5:17	
22	Sat	10:17	3.3	10:51	3.0	4:06	0.0	4:42	-0.2	7:12	5:18	
23	Sun	10:59	3.1	11:37	3.1	4:58	0.1	5:25	-0.3	7:12	5:19	
24	Mon	11:45	3.0			5:53	0.1	6:12	-0.3	7:11	5:20	
25	Tue	12:29	3.3	12:38	2.7	6:54	0.1	7:05	-0.3	7:10	5:21	
26	Wed	1:31	3.4	1:43	2.6	8:01	0.1	8:04	-0.3	7:10	5:22	
27	Thu	2:39	3.5	2:55	2.6	9:09	0.0	9:06	-0.4	7:09	5:23	
28	Fri	3:45	3.7	4:04	2.6	10:16	-0.1	10:09	-0.5	7:08	5:24	
29	Sat	4:48	4.0	5:09	2.8	11:22	-0.3	11:13	-0.6	7:08	5:25	
30	Sun	5:50	4.1	6:12	3.0			12:22	-0.5	7:07	5:27	
31	Mon	6:46	4.2	7:07	3.2	12:15	-0.8	1:13	-0.7	7:06	5:28	