US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:04	2.9	10:09	3.7	4:01	0.2	3:44	0.5	5:48	8:27	
2	Sat	10:45	2.9	10:48	3.6	4:39	0.2	4:27	0.5	5:48	8:27	
3	Sun	11:25	3.0	11:27	3.5	5:18	0.3	5:14	0.6	5:49	8:26	
4	Mon			12:05	3.0	5:57	0.3	6:04	0.7	5:49	8:26	
5	Tue	12:07	3.4	12:48	3.2	6:37	0.2	6:56	0.7	5:50	8:26	
6	Wed	12:49	3.2	1:35	3.4	7:19	0.2	7:52	0.6	5:51	8:26	
7	Thu	1:38	3.1	2:30	3.6	8:06	0.2	8:54	0.6	5:51	8:26	
8	Fri	2:37	3.0	3:29	3.8	8:58	0.1	9:56	0.4	5:52	8:25	
9	Sat	3:42	2.9	4:27	4.1	9:52	0.0	10:57	0.2	5:52	8:25	
10	Sun	4:45	2.9	5:25	4.4	10:49	-0.1			5:53	8:25	
11	Mon	5:47	3.0	6:24	4.6	12:00	0.0	11:48 AM	-0.2	5:54	8:24	
12	Tue	6:50	3.2	7:22	4.7	1:01	-0.2	12:50	-0.3	5:54	8:24	
13	Wed	7:50	3.4	8:18	4.8	1:57	-0.4	1:49	-0.4	5:55	8:24	
14	Thu	8:46	3.5	9:11	4.7	2:49	-0.5	2:44	-0.5	5:56	8:23	
15	Fri	9:41	3.6	10:05	4.6	3:39	-0.5	3:40	-0.4	5:56	8:23	
16	Sat	10:38	3.7	10:58	4.3	4:32	-0.5	4:39	-0.2	5:57	8:22	
17	Sun	11:34	3.8	11:50	4.0	5:24	-0.4	5:42	0.0	5:58	8:22	
18	Mon			12:28	3.8	6:15	-0.2	6:45	0.2	5:58	8:21	
19	Tue	12:40	3.6	1:22	3.7	7:04	-0.1	7:48	0.4	5:59	8:20	
20	Wed	1:31	3.2	2:21	3.7	7:52	0.1	8:55	0.6	6:00	8:20	
21	Thu	2:30	2.9	3:23	3.7	8:42	0.3	9:58	0.7	6:01	8:19	
22	Fri	3:36	2.7	4:19	3.7	9:31	0.5	10:55	0.7	6:01	8:18	
23	Sat	4:35	2.7	5:08	3.7	10:20	0.6	11:49	0.7	6:02	8:18	
24	Sun	5:28	2.7	5:54	3.7	11:07	0.6			6:03	8:17	
25	Mon	6:19	2.7	6:39	3.8	12:40	0.6	11:57 AM	0.6	6:04	8:16	
26	Tue	7:06	2.8	7:21	3.8	1:24	0.5	12:45	0.6	6:04	8:16	
27	Wed	7:48	2.9	7:59	3.9	2:00	0.4	1:29	0.5	6:05	8:15	
28	Thu	8:25	3.0	8:34	3.9	2:31	0.3	2:08	0.5	6:06	8:14	
29	Fri	9:01	3.1	9:08	3.9	3:01	0.3	2:45	0.4	6:07	8:13	
30	Sat	9:38	3.2	9:44	3.9	3:32	0.3	3:24	0.5	6:08	8:12	
31	Sun	10:16	3.3	10:20	3.8	4:06	0.2	4:05	0.5	6:08	8:11	