US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:55	3.4	10:59	3.7	4:42	0.2	4:51	0.6	6:09	8:10	
2	Tue	11:36	3.6	11:39	3.5	5:20	0.2	5:41	0.6	6:10	8:09	
3	Wed			12:17	3.7	6:00	0.2	6:32	0.7	6:11	8:08	
4	Thu	12:22	3.4	1:03	3.8	6:43	0.3	7:28	0.7	6:12	8:07	
5	Fri	1:10	3.2	1:57	4.0	7:31	0.3	8:29	0.7	6:12	8:06	
6	Sat	2:07	3.0	2:59	4.1	8:27	0.3	9:35	0.6	6:13	8:05	
7	Sun	3:16	3.0	4:05	4.3	9:28	0.2	10:39	0.4	6:14	8:04	
8	Mon	4:26	3.0	5:08	4.4	10:30	0.2	11:43	0.3	6:15	8:03	
9	Tue	5:32	3.2	6:11	4.6	11:34	0.1			6:16	8:02	
10	Wed	6:37	3.4	7:11	4.7	12:46	0.1	12:39	-0.1	6:17	8:01	
11	Thu	7:38	3.7	8:05	4.8	1:42	-0.1	1:40	-0.2	6:17	8:00	
12	Fri	8:32	3.9	8:56	4.7	2:31	-0.3	2:35	-0.3	6:18	7:59	
13	Sat	9:24	4.1	9:45	4.6	3:18	-0.3	3:28	-0.2	6:19	7:57	
14	Sun	10:16	4.2	10:34	4.3	4:04	-0.3	4:23	0.0	6:20	7:56	
15	Mon	11:07	4.2	11:22	4.0	4:51	-0.1	5:21	0.2	6:21	7:55	
16	Tue	11:56	4.1			5:37	0.0	6:19	0.5	6:22	7:54	
17	Wed	12:08	3.6	12:44	4.0	6:22	0.3	7:16	0.7	6:22	7:53	
18	Thu	12:54	3.3	1:34	3.9	7:07	0.5	8:17	0.9	6:23	7:51	
19	Fri	1:45	3.0	2:31	3.8	7:55	0.7	9:20	1.0	6:24	7:50	
20	Sat	2:50	2.8	3:35	3.7	8:48	0.9	10:19	1.0	6:25	7:49	
21	Sun	4:00	2.8	4:32	3.7	9:43	1.0	11:12	1.0	6:26	7:47	
22	Mon	4:58	2.8	5:22	3.7	10:36	1.0			6:26	7:46	
23	Tue	5:49	2.9	6:09	3.8	12:03	1.0	11:27 AM	0.9	6:27	7:45	
24	Wed	6:37	3.1	6:52	3.9	12:49	0.8	12:18	0.8	6:28	7:43	
25	Thu	7:20	3.3	7:32	4.0	1:27	0.7	1:05	0.7	6:29	7:42	
26	Fri	7:57	3.4	8:07	4.1	1:58	0.6	1:46	0.6	6:30	7:41	
27	Sat	8:33	3.6	8:41	4.1	2:28	0.4	2:25	0.5	6:30	7:39	
28	Sun	9:08	3.8	9:15	4.1	2:58	0.4	3:04	0.5	6:31	7:38	
29	Mon	9:44	3.9	9:52	4.0	3:30	0.3	3:45	0.5	6:32	7:36	
30	Tue	10:24	4.1	10:32	3.8	4:05	0.3	4:30	0.6	6:33	7:35	
31	Wed	11:05	4.2	11:14	3.7	4:44	0.3	5:20	0.6	6:34	7:34	