
































## Virginia Beach (outer coast), VA - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:39	3.3	2:15	4.1	7:51	0.7	8:58	0.6	7:27	6:06	
2	Wed	3:02	3.4	3:31	4.0	9:08	0.7	10:00	0.5	7:28	6:05	
3	Thu	4:16	3.6	4:36	4.0	10:20	0.7	10:54	0.4	7:29	6:04	
4	Fri	5:16	3.9	5:32	3.9	11:25	0.5	11:43	0.3	7:30	6:03	
5	Sat	6:08	4.2	6:24	3.9			12:25	0.4	7:31	6:02	
6	Sun	5:56	4.4	6:11	3.8	12:30	0.2	12:19	0.3	6:33	5:02	
7	Mon	6:38	4.6	6:54	3.7	12:13	0.1	1:05	0.3	6:34	5:01	
8	Tue	7:17	4.6	7:34	3.6	12:52	0.1	1:45	0.3	6:35	5:00	
9	Wed	7:54	4.5	8:12	3.5	1:28	0.2	2:22	0.3	6:36	4:59	
10	Thu	8:31	4.4	8:52	3.3	2:03	0.3	3:00	0.4	6:37	4:58	
11	Fri	9:09	4.2	9:34	3.2	2:39	0.5	3:41	0.6	6:38	4:57	
12	Sat	9:49	4.0	10:18	3.0	3:19	0.7	4:25	0.7	6:39	4:56	
13	Sun	10:32	3.8	11:03	2.9	4:04	0.9	5:12	0.8	6:40	4:56	
14	Mon	11:15	3.7	11:49	2.8	4:53	1.0	5:59	0.9	6:41	4:55	
15	Tue			12:00	3.5	5:44	1.1	6:49	0.9	6:42	4:54	
16	Wed	12:43	2.8	12:52	3.4	6:40	1.2	7:40	0.9	6:43	4:54	
17	Thu	1:48	2.9	1:51	3.3	7:41	1.2	8:28	0.8	6:44	4:53	
18	Fri	2:49	3.1	2:50	3.3	8:42	1.0	9:11	0.6	6:45	4:52	
19	Sat	3:37	3.4	3:41	3.3	9:37	0.8	9:54	0.4	6:46	4:52	
20	Sun	4:21	3.8	4:29	3.4	10:31	0.6	10:38	0.2	6:47	4:51	
21	Mon	5:06	4.1	5:18	3.4	11:24	0.3	11:23	0.0	6:48	4:51	
22	Tue	5:51	4.4	6:07	3.5			12:16	0.1	6:49	4:50	
23	Wed	6:37	4.7	6:55	3.5	12:10	-0.1	1:04	-0.1	6:50	4:50	
24	Thu	7:23	4.8	7:43	3.5	12:56	-0.3	1:51	-0.2	6:51	4:49	
25	Fri	8:11	4.9	8:33	3.5	1:42	-0.3	2:40	-0.2	6:52	4:49	
26	Sat	9:03	4.8	9:28	3.4	2:31	-0.2	3:34	-0.1	6:53	4:49	
27	Sun	9:58	4.6	10:26	3.3	3:26	-0.1	4:33	0.0	6:54	4:48	
28	Mon	10:55	4.4	11:27	3.3	4:28	0.1	5:33	0.1	6:55	4:48	
29	Tue	11:53	4.1			5:34	0.2	6:33	0.1	6:56	4:48	
30	Wed	12:33	3.3	12:57	3.8	6:45	0.4	7:35	0.1	6:57	4:47	