US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:30	3.5	3:41	2.6	9:56	0.3	9:37	-0.1	7:16	4:58	
2	Mon	4:22	3.6	4:35	2.5	10:55	0.2	10:26	0.0	7:16	4:58	
3	Tue	5:11	3.6	5:26	2.5	11:49	0.2	11:15	0.0	7:16	4:59	
4	Wed	5:56	3.6	6:12	2.6			12:35	0.1	7:16	5:00	
5	Thu	6:36	3.6	6:53	2.6	12:01	0.0	1:12	0.0	7:17	5:01	
6	Fri	7:13	3.6	7:31	2.7	12:42	0.0	1:44	0.0	7:17	5:02	
7	Sat	7:48	3.6	8:07	2.7	1:18	-0.1	2:15	0.0	7:17	5:03	
8	Sun	8:22	3.5	8:44	2.7	1:54	0.0	2:48	0.0	7:16	5:04	
9	Mon	8:57	3.5	9:23	2.7	2:30	0.0	3:22	0.0	7:16	5:05	
10	Tue	9:33	3.4	10:03	2.7	3:09	0.1	3:59	0.0	7:16	5:06	
11	Wed	10:10	3.2	10:43	2.7	3:52	0.2	4:36	0.0	7:16	5:06	
12	Thu	10:47	3.1	11:23	2.8	4:39	0.3	5:14	0.0	7:16	5:07	
13	Fri	11:26	2.9			5:29	0.4	5:54	0.0	7:16	5:08	
14	Sat	12:07	2.9	12:10	2.7	6:22	0.4	6:38	0.0	7:15	5:09	
15	Sun	12:59	3.0	1:04	2.5	7:22	0.4	7:29	0.0	7:15	5:10	
16	Mon	1:59	3.2	2:09	2.4	8:27	0.3	8:25	-0.1	7:15	5:11	
17	Tue	3:01	3.4	3:15	2.5	9:29	0.1	9:23	-0.3	7:14	5:12	
18	Wed	4:01	3.7	4:18	2.6	10:32	-0.1	10:22	-0.4	7:14	5:13	
19	Thu	5:00	4.0	5:20	2.7	11:34	-0.3	11:23	-0.6	7:14	5:15	
20	Fri	5:59	4.2	6:20	3.0			12:32	-0.5	7:13	5:16	
21	Sat	6:55	4.4	7:16	3.2	12:23	-0.8	1:23	-0.7	7:13	5:17	
22	Sun	7:47	4.4	8:09	3.3	1:18	-1.0	2:11	-0.9	7:12	5:18	
23	Mon	8:38	4.4	9:03	3.4	2:11	-1.0	3:00	-0.9	7:12	5:19	
24	Tue	9:29	4.1	9:58	3.5	3:07	-0.8	3:51	-0.8	7:11	5:20	
25	Wed	10:20	3.8	10:52	3.5	4:06	-0.6	4:41	-0.7	7:10	5:21	
26	Thu	11:09	3.4	11:45	3.5	5:07	-0.4	5:31	-0.6	7:10	5:22	
27	Fri	11:59	3.0			6:09	-0.1	6:20	-0.4	7:09	5:23	
28	Sat	12:42	3.3	12:54	2.7	7:15	0.1	7:13	-0.2	7:08	5:24	
29	Sun	1:48	3.2	2:02	2.4	8:25	0.3	8:09	0.0	7:08	5:25	
30	Mon	2:56	3.2	3:11	2.3	9:30	0.3	9:05	0.1	7:07	5:26	
31	Tue	3:55	3.2	4:11	2.3	10:30	0.3	9:59	0.1	7:06	5:27	