

































## Virginia Beach (outer coast), VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:20	3.0	3:43	2.3	9:55	0.6	9:32	0.4	6:34	5:57	
2	Thu	4:18	3.0	4:38	2.4	10:51	0.5	10:28	0.4	6:33	5:58	
3	Fri	5:08	3.1	5:27	2.6	11:41	0.4	11:20	0.3	6:31	5:59	
4	Sat	5:52	3.2	6:09	2.8			12:20	0.3	6:30	6:00	
5	Sun	6:30	3.4	6:46	2.9	12:04	0.1	12:51	0.1	6:29	6:01	
6	Mon	7:03	3.4	7:20	3.1	12:43	0.0	1:18	0.0	6:27	6:02	
7	Tue	7:34	3.5	7:52	3.3	1:18	-0.1	1:44	-0.1	6:26	6:03	
8	Wed	8:05	3.4	8:25	3.4	1:53	-0.1	2:13	-0.1	6:24	6:04	
9	Thu	8:38	3.3	9:00	3.5	2:29	-0.1	2:44	-0.1	6:23	6:05	
10	Fri	9:13	3.2	9:38	3.6	3:09	-0.1	3:19	-0.1	6:21	6:06	
11	Sat	9:52	3.1	10:19	3.6	3:53	0.0	3:58	0.0	6:20	6:07	
12	Sun	11:34	2.9			5:41	0.1	5:42	0.0	7:19	7:08	
13	Mon	12:04	3.6	12:20	2.8	6:33	0.2	6:32	0.1	7:17	7:09	
14	Tue	12:55	3.6	1:12	2.6	7:31	0.3	7:30	0.2	7:16	7:10	
15	Wed	1:56	3.5	2:18	2.6	8:37	0.4	8:37	0.2	7:14	7:10	
16	Thu	3:11	3.5	3:38	2.7	9:47	0.3	9:49	0.1	7:13	7:11	
17	Fri	4:25	3.7	4:51	2.9	10:53	0.1	10:58	-0.1	7:11	7:12	
18	Sat	5:31	3.8	5:56	3.2	11:55	-0.1			7:10	7:13	
19	Sun	6:31	4.0	6:56	3.6	12:05	-0.3	12:52	-0.3	7:08	7:14	
20	Mon	7:25	4.1	7:48	3.9	1:07	-0.6	1:41	-0.5	7:07	7:15	
21	Tue	8:14	4.1	8:36	4.2	2:02	-0.7	2:24	-0.7	7:05	7:16	
22	Wed	9:00	4.0	9:21	4.3	2:51	-0.7	3:06	-0.7	7:04	7:17	
23	Thu	9:44	3.8	10:07	4.2	3:39	-0.6	3:47	-0.6	7:02	7:18	
24	Fri	10:30	3.5	10:52	4.1	4:29	-0.4	4:30	-0.3	7:01	7:18	
25	Sat	11:15	3.2	11:38	3.8	5:20	-0.2	5:15	-0.1	6:59	7:19	
26	Sun			12:00	3.0	6:11	0.1	6:02	0.2	6:58	7:20	
27	Mon	12:23	3.6	12:46	2.7	7:03	0.4	6:52	0.5	6:56	7:21	
28	Tue	1:11	3.3	1:39	2.5	8:00	0.6	7:47	0.7	6:55	7:22	
29	Wed	2:12	3.0	2:51	2.4	9:07	0.7	8:52	0.8	6:53	7:23	
30	Thu	3:30	2.9	4:08	2.5	10:09	0.8	9:57	0.7	6:52	7:24	
31	Fri	4:35	3.0	5:04	2.6	11:01	0.7	10:54	0.7	6:51	7:25	