US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:17	3.0	5:48	3.3	11:23	0.5	11:56	0.5	6:09	7:52	
2	Tue	6:01	3.1	6:28	3.6			12:03	0.3	6:08	7:53	
3	Wed	6:44	3.1	7:07	3.9	12:44	0.3	12:44	0.2	6:07	7:54	
4	Thu	7:26	3.2	7:46	4.1	1:28	0.1	1:23	0.1	6:06	7:54	
5	Fri	8:06	3.2	8:25	4.3	2:10	-0.1	2:02	0.0	6:05	7:55	
6	Sat	8:47	3.2	9:06	4.4	2:51	-0.2	2:42	-0.1	6:04	7:56	
7	Sun	9:30	3.2	9:51	4.4	3:34	-0.2	3:24	-0.1	6:03	7:57	
8	Mon	10:18	3.1	10:41	4.3	4:21	-0.2	4:13	0.0	6:02	7:58	
9	Tue	11:09	3.1	11:34	4.1	5:14	-0.1	5:08	0.1	6:01	7:59	
10	Wed			12:04	3.1	6:10	0.0	6:09	0.2	6:00	8:00	
11	Thu	12:30	3.9	1:02	3.1	7:09	0.1	7:14	0.3	5:59	8:01	
12	Fri	1:30	3.7	2:11	3.1	8:10	0.1	8:26	0.3	5:58	8:01	
13	Sat	2:40	3.6	3:28	3.3	9:12	0.1	9:40	0.3	5:57	8:02	
14	Sun	3:52	3.5	4:34	3.6	10:09	0.0	10:48	0.2	5:56	8:03	
15	Mon	4:54	3.4	5:30	3.9	11:01	-0.1	11:52	0.0	5:56	8:04	
16	Tue	5:50	3.4	6:21	4.1	11:52	-0.1			5:55	8:05	
17	Wed	6:44	3.3	7:09	4.3	12:51	-0.1	12:41	-0.2	5:54	8:06	
18	Thu	7:33	3.3	7:53	4.4	1:43	-0.2	1:27	-0.2	5:53	8:06	
19	Fri	8:18	3.2	8:34	4.3	2:27	-0.2	2:09	-0.1	5:53	8:07	
20	Sat	9:00	3.2	9:14	4.2	3:08	-0.2	2:48	0.0	5:52	8:08	
21	Sun	9:42	3.1	9:54	4.0	3:47	-0.1	3:28	0.2	5:51	8:09	
22	Mon	10:26	3.0	10:36	3.8	4:28	0.1	4:10	0.4	5:51	8:10	
23	Tue	11:10	2.9	11:19	3.6	5:12	0.3	4:56	0.5	5:50	8:10	
24	Wed	11:54	2.8			5:57	0.4	5:45	0.7	5:49	8:11	
25	Thu	12:01	3.4	12:39	2.8	6:41	0.5	6:35	0.8	5:49	8:12	
26	Fri	12:44	3.2	1:28	2.7	7:25	0.6	7:28	0.9	5:48	8:13	
27	Sat	1:31	3.0	2:25	2.8	8:12	0.6	8:27	0.9	5:48	8:13	
28	Sun	2:25	2.9	3:24	3.0	8:58	0.6	9:27	0.8	5:47	8:14	
29	Mon	3:25	2.8	4:14	3.2	9:43	0.5	10:22	0.7	5:47	8:15	
30	Tue	4:19	2.8	4:59	3.5	10:25	0.4	11:15	0.5	5:46	8:16	
31	Wed	5:09	2.8	5:42	3.8	11:09	0.3			5:46	8:16	