
































## Virginia Beach (outer coast), VA - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:58	2.9	6:27	4.0	12:07	0.3	11:55 AM	0.1	5:46	8:17	
2	Fri	6:49	2.9	7:14	4.3	12:59	0.1	12:44	0.0	5:45	8:17	
3	Sat	7:37	3.0	8:00	4.4	1:46	-0.1	1:32	-0.1	5:45	8:18	
4	Sun	8:25	3.1	8:47	4.5	2:32	-0.3	2:19	-0.2	5:45	8:19	
5	Mon	9:14	3.2	9:37	4.5	3:18	-0.3	3:08	-0.2	5:44	8:19	
6	Tue	10:06	3.2	10:30	4.4	4:08	-0.3	4:01	-0.2	5:44	8:20	
7	Wed	11:02	3.2	11:25	4.2	5:03	-0.3	5:00	0.0	5:44	8:20	
8	Thu	11:59	3.3			5:59	-0.2	6:04	0.1	5:44	8:21	
9	Fri	12:19	4.0	12:58	3.4	6:54	-0.2	7:10	0.2	5:44	8:22	
10	Sat	1:16	3.7	2:02	3.5	7:49	-0.1	8:20	0.3	5:44	8:22	
11	Sun	2:19	3.4	3:13	3.6	8:46	-0.1	9:33	0.3	5:44	8:22	
12	Mon	3:28	3.2	4:16	3.8	9:40	-0.1	10:39	0.2	5:44	8:23	
13	Tue	4:31	3.0	5:10	4.0	10:31	0.0	11:41	0.2	5:44	8:23	
14	Wed	5:28	2.9	6:01	4.1	11:21	0.0			5:44	8:24	
15	Thu	6:23	2.9	6:49	4.1	12:40	0.1	12:11	0.0	5:44	8:24	
16	Fri	7:14	2.9	7:34	4.1	1:31	0.0	1:01	0.1	5:44	8:24	
17	Sat	8:00	2.9	8:15	4.1	2:14	0.0	1:46	0.1	5:44	8:25	
18	Sun	8:41	2.9	8:53	4.0	2:52	0.0	2:26	0.2	5:44	8:25	
19	Mon	9:22	2.9	9:31	3.8	3:28	0.1	3:05	0.3	5:44	8:25	
20	Tue	10:03	2.9	10:11	3.7	4:04	0.1	3:45	0.4	5:44	8:26	
21	Wed	10:46	2.9	10:50	3.6	4:44	0.2	4:28	0.5	5:44	8:26	
22	Thu	11:28	2.9	11:30	3.4	5:24	0.3	5:14	0.7	5:45	8:26	
23	Fri			12:10	2.9	6:03	0.3	6:02	0.8	5:45	8:26	
24	Sat	12:08	3.3	12:51	2.9	6:42	0.4	6:52	0.8	5:45	8:26	
25	Sun	12:48	3.1	1:35	3.0	7:21	0.4	7:44	0.8	5:46	8:27	
26	Mon	1:33	2.9	2:26	3.2	8:02	0.4	8:42	0.8	5:46	8:27	
27	Tue	2:25	2.8	3:20	3.4	8:47	0.4	9:40	0.7	5:46	8:27	
28	Wed	3:25	2.7	4:12	3.6	9:35	0.3	10:36	0.5	5:47	8:27	
29	Thu	4:22	2.7	5:02	3.9	10:24	0.2	11:32	0.3	5:47	8:27	
30	Fri	5:18	2.7	5:53	4.1	11:16	0.1			5:47	8:27	