US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:15	2.8	6:47	4.4	12:29	0.1	12:12	0.0	5:48	8:27	
2	Sun	7:12	3.0	7:40	4.5	1:24	-0.1	1:08	-0.2	5:48	8:27	
3	Mon	8:06	3.2	8:32	4.6	2:14	-0.3	2:03	-0.3	5:49	8:26	
4	Tue	8:59	3.3	9:24	4.6	3:03	-0.4	2:55	-0.4	5:49	8:26	
5	Wed	9:53	3.5	10:17	4.5	3:53	-0.5	3:51	-0.3	5:50	8:26	
6	Thu	10:50	3.6	11:11	4.3	4:45	-0.4	4:51	-0.2	5:50	8:26	
7	Fri	11:47	3.7			5:39	-0.4	5:55	0.0	5:51	8:26	
8	Sat	12:04	4.0	12:43	3.8	6:31	-0.3	7:00	0.1	5:52	8:25	
9	Sun	12:57	3.7	1:42	3.8	7:22	-0.2	8:08	0.3	5:52	8:25	
10	Mon	1:54	3.3	2:47	3.9	8:15	-0.1	9:19	0.4	5:53	8:25	
11	Tue	3:01	3.0	3:52	3.9	9:09	0.0	10:24	0.4	5:53	8:24	
12	Wed	4:08	2.8	4:48	3.9	10:02	0.2	11:25	0.4	5:54	8:24	
13	Thu	5:08	2.7	5:41	4.0	10:54	0.3			5:55	8:24	
14	Fri	6:04	2.7	6:31	3.9	12:24	0.4	11:47 AM	0.3	5:55	8:23	
15	Sat	6:56	2.8	7:17	3.9	1:16	0.3	12:40	0.4	5:56	8:23	
16	Sun	7:43	2.9	7:58	3.9	1:58	0.3	1:28	0.4	5:57	8:22	
17	Mon	8:23	3.0	8:35	3.9	2:34	0.2	2:09	0.4	5:57	8:22	
18	Tue	9:01	3.0	9:10	3.8	3:06	0.2	2:46	0.4	5:58	8:21	
19	Wed	9:39	3.1	9:45	3.8	3:38	0.2	3:23	0.5	5:59	8:21	
20	Thu	10:19	3.1	10:21	3.7	4:11	0.2	4:02	0.6	6:00	8:20	
21	Fri	10:58	3.2	10:57	3.5	4:46	0.3	4:45	0.7	6:00	8:19	
22	Sat	11:36	3.2	11:34	3.4	5:22	0.3	5:31	0.7	6:01	8:19	
23	Sun			12:13	3.3	5:58	0.4	6:18	0.8	6:02	8:18	
24	Mon	12:12	3.2	12:53	3.4	6:34	0.4	7:08	0.8	6:03	8:17	
25	Tue	12:53	3.0	1:37	3.5	7:14	0.4	8:02	0.8	6:03	8:16	
26	Wed	1:40	2.8	2:30	3.6	8:00	0.4	9:02	0.8	6:04	8:16	
27	Thu	2:39	2.7	3:30	3.8	8:53	0.4	10:02	0.7	6:05	8:15	
28	Fri	3:44	2.7	4:29	4.0	9:50	0.4	11:02	0.5	6:06	8:14	
29	Sat	4:47	2.8	5:27	4.3	10:48	0.2			6:07	8:13	
30	Sun	5:49	3.0	6:26	4.5	12:03	0.3	11:49 AM	0.1	6:07	8:12	
31	Mon	6:51	3.2	7:23	4.7	1:02	0.0	12:51	-0.1	6:08	8:11	