US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:49	3.5	8:17	4.8	1:55	-0.2	1:50	-0.3	6:09	8:11	
2	Wed	8:44	3.8	9:08	4.8	2:44	-0.4	2:45	-0.4	6:10	8:10	
3	Thu	9:37	4.0	9:59	4.6	3:31	-0.5	3:40	-0.3	6:11	8:09	
4	Fri	10:32	4.1	10:52	4.4	4:20	-0.4	4:39	-0.2	6:11	8:08	
5	Sat	11:27	4.2	11:43	4.0	5:11	-0.4	5:41	0.0	6:12	8:07	
6	Sun			12:20	4.2	6:01	-0.2	6:44	0.2	6:13	8:06	
7	Mon	12:34	3.6	1:14	4.2	6:50	0.0	7:49	0.4	6:14	8:04	
8	Tue	1:28	3.3	2:15	4.1	7:42	0.2	8:58	0.6	6:15	8:03	
9	Wed	2:32	3.0	3:22	4.0	8:38	0.4	10:04	0.7	6:16	8:02	
10	Thu	3:45	2.8	4:25	3.9	9:36	0.6	11:04	0.7	6:16	8:01	
11	Fri	4:49	2.8	5:20	3.9	10:33	0.7			6:17	8:00	
12	Sat	5:46	2.9	6:12	3.9	12:02	0.7	11:29 AM	0.7	6:18	7:59	
13	Sun	6:37	3.0	6:58	3.9	12:54	0.7	12:23	0.7	6:19	7:58	
14	Mon	7:23	3.1	7:38	3.9	1:36	0.6	1:11	0.6	6:20	7:57	
15	Tue	8:02	3.3	8:13	4.0	2:10	0.5	1:51	0.6	6:20	7:55	
16	Wed	8:38	3.4	8:45	4.0	2:39	0.4	2:27	0.6	6:21	7:54	
17	Thu	9:12	3.5	9:17	3.9	3:06	0.4	3:02	0.6	6:22	7:53	
18	Fri	9:47	3.6	9:50	3.8	3:34	0.4	3:38	0.6	6:23	7:52	
19	Sat	10:22	3.7	10:25	3.7	4:05	0.4	4:18	0.7	6:24	7:50	
20	Sun	10:59	3.7	11:01	3.5	4:38	0.5	5:02	0.8	6:25	7:49	
21	Mon	11:36	3.8	11:40	3.3	5:14	0.5	5:48	0.9	6:25	7:48	
22	Tue			12:15	3.9	5:52	0.6	6:37	0.9	6:26	7:46	
23	Wed	12:21	3.2	12:59	3.9	6:35	0.6	7:31	1.0	6:27	7:45	
24	Thu	1:08	3.0	1:52	4.0	7:24	0.7	8:31	0.9	6:28	7:44	
25	Fri	2:06	2.9	2:56	4.1	8:22	0.7	9:36	0.9	6:29	7:42	
26	Sat	3:17	3.0	4:04	4.2	9:26	0.6	10:39	0.7	6:29	7:41	
27	Sun	4:28	3.1	5:08	4.4	10:31	0.5	11:40	0.5	6:30	7:40	
28	Mon	5:33	3.4	6:09	4.6	11:35	0.3			6:31	7:38	
29	Tue	6:36	3.7	7:06	4.8	12:40	0.2	12:40	0.1	6:32	7:37	
30	Wed	7:34	4.1	8:00	4.9	1:33	0.0	1:40	-0.1	6:33	7:35	
31	Thu	8:27	4.4	8:49	4.8	2:20	-0.2	2:34	-0.2	6:34	7:34	