
































## Virginia Beach (outer coast), VA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:50	4.5	11:17	3.4	4:19	0.4	5:29	0.6	7:27	6:07	
2	Thu	11:38	4.2			5:09	0.7	6:22	0.8	7:28	6:06	
3	Fri	12:06	3.2	12:25	3.9	6:02	0.9	7:16	0.9	7:29	6:05	
4	Sat	12:58	3.0	1:16	3.7	6:57	1.1	8:14	1.0	7:30	6:04	
5	Sun	1:00	3.0	1:15	3.5	6:58	1.2	8:10	1.0	6:31	5:03	
6	Mon	2:15	3.0	2:21	3.4	8:03	1.3	8:57	1.0	6:32	5:02	
7	Tue	3:15	3.2	3:16	3.4	9:02	1.2	9:36	0.9	6:33	5:01	
8	Wed	4:00	3.4	4:01	3.4	9:54	1.1	10:12	0.8	6:34	5:00	
9	Thu	4:40	3.6	4:43	3.4	10:42	0.9	10:49	0.6	6:35	4:59	
10	Fri	5:18	3.9	5:24	3.4	11:30	0.8	11:26	0.5	6:36	4:58	
11	Sat	5:55	4.1	6:05	3.4			12:13	0.6	6:37	4:57	
12	Sun	6:32	4.3	6:45	3.4	12:04	0.4	12:53	0.4	6:38	4:57	
13	Mon	7:09	4.5	7:24	3.4	12:42	0.3	1:32	0.3	6:39	4:56	
14	Tue	7:48	4.5	8:04	3.3	1:20	0.2	2:13	0.2	6:41	4:55	
15	Wed	8:29	4.5	8:49	3.3	2:00	0.2	2:57	0.3	6:42	4:54	
16	Thu	9:16	4.5	9:38	3.2	2:44	0.3	3:47	0.3	6:43	4:54	
17	Fri	10:07	4.4	10:32	3.2	3:35	0.4	4:42	0.4	6:44	4:53	
18	Sat	11:00	4.2	11:29	3.2	4:33	0.5	5:39	0.4	6:45	4:52	
19	Sun	11:56	4.1			5:36	0.6	6:37	0.4	6:46	4:52	
20	Mon	12:32	3.2	12:58	3.9	6:45	0.6	7:38	0.3	6:47	4:51	
21	Tue	1:48	3.4	2:09	3.7	7:59	0.6	8:36	0.2	6:48	4:51	
22	Wed	2:59	3.7	3:15	3.6	9:10	0.5	9:29	0.0	6:49	4:50	
23	Thu	3:59	4.0	4:13	3.6	10:15	0.3	10:20	-0.1	6:50	4:50	
24	Fri	4:52	4.3	5:08	3.5	11:17	0.2	11:10	-0.1	6:51	4:49	
25	Sat	5:43	4.5	6:01	3.5			12:14	0.0	6:52	4:49	
26	Sun	6:31	4.6	6:50	3.4	12:00	-0.2	1:03	-0.1	6:53	4:49	
27	Mon	7:15	4.6	7:35	3.4	12:46	-0.2	1:47	-0.1	6:54	4:48	
28	Tue	7:58	4.5	8:19	3.3	1:28	-0.1	2:30	0.0	6:55	4:48	
29	Wed	8:40	4.3	9:04	3.1	2:10	0.0	3:14	0.2	6:56	4:48	
30	Thu	9:24	4.1	9:51	3.0	2:52	0.2	4:00	0.3	6:57	4:48	