

































Virginia Beach (outer coast), VA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:54	3.1	11:32	2.7	4:44	0.5	5:26	0.2	7:16	4:58	
2	Tue	11:32	2.9			5:32	0.6	6:04	0.2	7:16	4:58	
3	Wed	12:16	2.7	12:14	2.7	6:24	0.7	6:44	0.3	7:16	4:59	
4	Thu	1:06	2.8	1:03	2.5	7:21	0.7	7:29	0.3	7:16	5:00	
5	Fri	2:02	2.9	2:03	2.3	8:21	0.6	8:18	0.2	7:17	5:01	
6	Sat	2:58	3.1	3:03	2.3	9:19	0.5	9:08	0.1	7:17	5:02	
7	Sun	3:49	3.4	3:59	2.4	10:15	0.3	9:59	0.0	7:17	5:03	
8	Mon	4:40	3.6	4:54	2.5	11:11	0.1	10:52	-0.2	7:16	5:03	
9	Tue	5:32	3.9	5:49	2.6			12:05	-0.1	7:16	5:04	
10	Wed	6:23	4.1	6:41	2.8			12:54	-0.4	7:16	5:05	
11	Thu	7:12	4.3	7:31	3.0	12:40	-0.6	1:39	-0.5	7:16	5:06	
12	Fri	8:00	4.3	8:21	3.2	1:30	-0.7	2:25	-0.7	7:16	5:07	
13	Sat	8:48	4.3	9:14	3.3	2:21	-0.7	3:13	-0.7	7:16	5:08	
14	Sun	9:38	4.1	10:08	3.4	3:16	-0.7	4:03	-0.7	7:16	5:09	
15	Mon	10:29	3.8	11:03	3.5	4:15	-0.5	4:53	-0.7	7:15	5:10	
16	Tue	11:20	3.5	11:59	3.5	5:17	-0.3	5:44	-0.6	7:15	5:11	
17	Wed			12:12	3.1	6:21	-0.1	6:36	-0.5	7:15	5:12	
18	Thu	1:00	3.5	1:13	2.8	7:31	0.0	7:32	-0.3	7:14	5:13	
19	Fri	2:11	3.5	2:26	2.5	8:44	0.1	8:31	-0.2	7:14	5:14	
20	Sat	3:18	3.5	3:35	2.4	9:51	0.1	9:30	-0.2	7:13	5:15	
21	Sun	4:18	3.5	4:37	2.4	10:55	0.1	10:28	-0.1	7:13	5:16	
22	Mon	5:15	3.5	5:34	2.5	11:54	0.0	11:26	-0.1	7:12	5:17	
23	Tue	6:06	3.6	6:24	2.6			12:42	0.0	7:12	5:18	
24	Wed	6:50	3.6	7:06	2.7	12:18	-0.2	1:21	-0.1	7:11	5:20	
25	Thu	7:28	3.6	7:45	2.8	1:00	-0.2	1:55	-0.2	7:11	5:21	
26	Fri	8:02	3.5	8:22	2.8	1:37	-0.2	2:26	-0.2	7:10	5:22	
27	Sat	8:35	3.4	8:59	2.8	2:13	-0.1	2:57	-0.2	7:09	5:23	
28	Sun	9:09	3.3	9:37	2.9	2:49	0.0	3:29	-0.1	7:09	5:24	
29	Mon	9:43	3.2	10:14	2.9	3:28	0.1	4:02	-0.1	7:08	5:25	
30	Tue	10:18	3.0	10:52	2.9	4:11	0.2	4:37	0.0	7:07	5:26	
31	Wed	10:55	2.8	11:30	2.9	4:56	0.3	5:13	0.1	7:06	5:27	