





















## Virginia Beach (outer coast), VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:01	2.6	11:32	3.2	5:11	0.3	5:11	0.2	6:33	5:58	
2	Sat	11:44	2.5			6:00	0.4	5:57	0.3	6:32	5:59	
3	Sun	12:20	3.2	12:35	2.4	6:57	0.5	6:53	0.3	6:30	6:00	
4	Mon	1:22	3.2	1:42	2.3	8:02	0.5	7:58	0.2	6:29	6:01	
5	Tue	2:35	3.3	2:57	2.5	9:08	0.4	9:05	0.1	6:27	6:02	
6	Wed	3:43	3.5	4:04	2.7	10:10	0.2	10:10	-0.1	6:26	6:03	
7	Thu	4:44	3.8	5:06	3.1	11:09	-0.1	11:14	-0.4	6:25	6:04	
8	Fri	5:42	4.0	6:04	3.5			12:04	-0.4	6:23	6:05	
9	Sat	6:35	4.2	6:57	3.9	12:14	-0.7	12:52	-0.7	6:22	6:06	
10	Sun	8:24	4.2	8:46	4.2	1:09	-0.9	2:36	-0.9	7:20	7:07	
11	Mon	9:11	4.1	9:35	4.3	3:00	-0.9	3:19	-0.9	7:19	7:07	
12	Tue	9:59	3.9	10:25	4.3	3:52	-0.8	4:05	-0.8	7:17	7:08	
13	Wed	10:49	3.6	11:16	4.2	4:47	-0.6	4:53	-0.6	7:16	7:09	
14	Thu	11:39	3.3			5:45	-0.4	5:44	-0.3	7:15	7:10	
15	Fri	12:08	4.0	12:30	3.0	6:44	-0.1	6:38	0.0	7:13	7:11	
16	Sat	1:02	3.7	1:26	2.7	7:47	0.2	7:38	0.2	7:12	7:12	
17	Sun	2:07	3.4	2:40	2.5	8:59	0.4	8:47	0.4	7:10	7:13	
18	Mon	3:30	3.2	4:03	2.5	10:08	0.5	9:59	0.5	7:09	7:14	
19	Tue	4:41	3.1	5:06	2.6	11:08	0.6	11:03	0.4	7:07	7:15	
20	Wed	5:37	3.2	5:58	2.8			12:02	0.5	7:06	7:16	
21	Thu	6:25	3.2	6:43	3.0	12:00	0.4	12:47	0.4	7:04	7:16	
22	Fri	7:05	3.3	7:22	3.2	12:49	0.3	1:23	0.3	7:03	7:17	
23	Sat	7:40	3.3	7:56	3.4	1:29	0.2	1:51	0.1	7:01	7:18	
24	Sun	8:11	3.3	8:28	3.5	2:03	0.1	2:17	0.1	7:00	7:19	
25	Mon	8:41	3.3	8:58	3.6	2:35	0.0	2:43	0.0	6:58	7:20	
26	Tue	9:12	3.2	9:29	3.7	3:07	0.0	3:10	0.1	6:57	7:21	
27	Wed	9:44	3.1	10:03	3.7	3:41	0.0	3:41	0.1	6:55	7:22	
28	Thu	10:19	3.0	10:39	3.7	4:19	0.1	4:15	0.2	6:54	7:23	
29	Fri	10:57	2.9	11:19	3.6	5:00	0.2	4:54	0.3	6:52	7:24	
30	Sat	11:38	2.8			5:46	0.3	5:40	0.4	6:51	7:24	
31	Sun	12:03	3.6	12:22	2.7	6:36	0.4	6:31	0.4	6:49	7:25	