US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:10	2.9	4:52	4.1	10:10	-0.1	11:28	0.2	5:48	8:27	
2	Tue	5:13	2.9	5:48	4.2	11:05	0.0			5:49	8:26	
3	Wed	6:13	2.9	6:44	4.3	12:31	0.1	12:03	0.0	5:49	8:26	
4	Thu	7:11	3.0	7:35	4.3	1:27	0.0	1:01	0.0	5:50	8:26	
5	Fri	8:03	3.0	8:22	4.2	2:15	0.0	1:52	0.0	5:50	8:26	
6	Sat	8:49	3.1	9:05	4.1	2:57	0.0	2:38	0.1	5:51	8:26	
7	Sun	9:33	3.2	9:46	3.9	3:37	0.0	3:21	0.2	5:51	8:26	
8	Mon	10:18	3.2	10:26	3.8	4:17	0.1	4:05	0.3	5:52	8:25	
9	Tue	11:03	3.2	11:05	3.6	4:56	0.1	4:52	0.5	5:53	8:25	
10	Wed	11:45	3.2	11:43	3.3	5:35	0.2	5:40	0.7	5:53	8:25	
11	Thu			12:25	3.2	6:11	0.3	6:28	0.8	5:54	8:24	
12	Fri	12:21	3.1	1:05	3.2	6:47	0.4	7:17	0.9	5:55	8:24	
13	Sat	1:00	2.9	1:49	3.3	7:25	0.5	8:10	0.9	5:55	8:23	
14	Sun	1:46	2.7	2:40	3.3	8:06	0.5	9:07	0.9	5:56	8:23	
15	Mon	2:41	2.6	3:34	3.5	8:53	0.6	10:02	0.8	5:57	8:22	
16	Tue	3:43	2.5	4:26	3.6	9:42	0.6	10:56	0.7	5:57	8:22	
17	Wed	4:40	2.5	5:16	3.8	10:33	0.5	11:51	0.6	5:58	8:21	
18	Thu	5:35	2.6	6:07	4.0	11:26	0.4			5:59	8:21	
19	Fri	6:30	2.8	6:59	4.2	12:45	0.4	12:22	0.3	5:59	8:20	
20	Sat	7:23	3.0	7:48	4.4	1:34	0.1	1:17	0.1	6:00	8:19	
21	Sun	8:13	3.2	8:35	4.5	2:18	-0.1	2:08	-0.1	6:01	8:19	
22	Mon	9:01	3.4	9:22	4.5	3:02	-0.2	2:58	-0.1	6:02	8:18	
23	Tue	9:51	3.6	10:10	4.4	3:46	-0.3	3:51	-0.1	6:02	8:17	
24	Wed	10:44	3.8	11:00	4.2	4:33	-0.4	4:48	0.0	6:03	8:17	
25	Thu	11:37	4.0	11:50	3.9	5:22	-0.3	5:49	0.1	6:04	8:16	
26	Fri			12:29	4.1	6:11	-0.3	6:51	0.2	6:05	8:15	
27	Sat	12:41	3.6	1:24	4.1	7:01	-0.2	7:56	0.4	6:06	8:14	
28	Sun	1:36	3.3	2:27	4.1	7:54	0.0	9:06	0.5	6:06	8:13	
29	Mon	2:43	3.0	3:35	4.1	8:51	0.1	10:15	0.5	6:07	8:13	
30	Tue	3:57	2.9	4:39	4.1	9:52	0.2	11:19	0.5	6:08	8:12	
31	Wed	5:03	2.9	5:39	4.1	10:52	0.3			6:09	8:11	