

































Virginia Beach (outer coast), VA - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:23	3.3	11:47	4.2	5:28	-0.2	5:21	0.0	6:09	7:52	
2	Fri			12:20	3.1	6:28	0.0	6:24	0.2	6:08	7:53	
3	Sat	12:44	3.8	1:22	3.0	7:29	0.2	7:31	0.4	6:06	7:54	
4	Sun	1:47	3.5	2:35	3.0	8:33	0.4	8:45	0.6	6:05	7:55	
5	Mon	3:02	3.2	3:49	3.1	9:33	0.4	9:56	0.6	6:04	7:56	
6	Tue	4:08	3.1	4:45	3.3	10:24	0.4	10:56	0.6	6:03	7:57	
7	Wed	5:01	3.0	5:32	3.4	11:07	0.4	11:50	0.5	6:02	7:58	
8	Thu	5:47	3.0	6:13	3.6	11:47	0.4			6:01	7:58	
9	Fri	6:30	2.9	6:51	3.7	12:40	0.4	12:25	0.4	6:00	7:59	
10	Sat	7:09	2.9	7:26	3.8	1:21	0.3	1:00	0.3	5:59	8:00	
11	Sun	7:46	2.9	7:59	3.9	1:56	0.2	1:34	0.3	5:59	8:01	
12	Mon	8:21	2.9	8:32	3.9	2:27	0.1	2:07	0.3	5:58	8:02	
13	Tue	8:55	2.9	9:06	3.9	2:58	0.1	2:40	0.3	5:57	8:03	
14	Wed	9:31	2.9	9:43	3.8	3:32	0.1	3:16	0.4	5:56	8:04	
15	Thu	10:09	2.8	10:23	3.8	4:10	0.2	3:54	0.5	5:55	8:04	
16	Fri	10:50	2.8	11:05	3.7	4:52	0.3	4:38	0.5	5:54	8:05	
17	Sat	11:33	2.8	11:50	3.6	5:37	0.3	5:28	0.6	5:54	8:06	
18	Sun			12:19	2.8	6:24	0.4	6:23	0.6	5:53	8:07	
19	Mon	12:36	3.5	1:11	2.9	7:13	0.3	7:22	0.6	5:52	8:08	
20	Tue	1:28	3.4	2:10	3.1	8:05	0.2	8:27	0.5	5:51	8:08	
21	Wed	2:29	3.3	3:16	3.4	8:59	0.1	9:34	0.4	5:51	8:09	
22	Thu	3:34	3.3	4:17	3.8	9:52	0.0	10:38	0.2	5:50	8:10	
23	Fri	4:36	3.3	5:13	4.2	10:44	-0.2	11:41	-0.1	5:50	8:11	
24	Sat	5:35	3.3	6:08	4.5	11:38	-0.3			5:49	8:12	
25	Sun	6:34	3.3	7:03	4.7	12:43	-0.3	12:33	-0.4	5:48	8:12	
26	Mon	7:32	3.4	7:56	4.8	1:40	-0.5	1:28	-0.5	5:48	8:13	
27	Tue	8:26	3.4	8:48	4.8	2:32	-0.6	2:20	-0.5	5:47	8:14	
28	Wed	9:19	3.4	9:41	4.6	3:23	-0.5	3:11	-0.4	5:47	8:14	
29	Thu	10:14	3.3	10:35	4.3	4:16	-0.4	4:06	-0.2	5:47	8:15	
30	Fri	11:10	3.3	11:29	4.0	5:12	-0.2	5:05	0.0	5:46	8:16	
31	Sat			12:06	3.2	6:08	0.0	6:08	0.3	5:46	8:17	