US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:15	2.8	2:04	3.5	7:32	0.7	8:39	1.0	6:09	8:10	
2	Sat	2:06	2.6	3:00	3.5	8:18	0.8	9:37	1.0	6:10	8:09	
3	Sun	3:10	2.5	3:58	3.5	9:09	0.8	10:31	1.0	6:11	8:08	
4	Mon	4:15	2.5	4:50	3.6	10:02	0.8	11:24	0.9	6:12	8:07	
5	Tue	5:11	2.6	5:41	3.8	10:55	0.8			6:13	8:06	
6	Wed	6:03	2.8	6:30	4.0	12:17	0.7	11:49 AM	0.7	6:13	8:05	
7	Thu	6:53	3.0	7:15	4.1	1:04	0.6	12:42	0.5	6:14	8:04	
8	Fri	7:39	3.2	7:58	4.3	1:44	0.3	1:32	0.3	6:15	8:03	
9	Sat	8:21	3.5	8:38	4.3	2:21	0.1	2:18	0.2	6:16	8:02	
10	Sun	9:04	3.7	9:19	4.3	2:58	0.0	3:03	0.1	6:17	8:01	
11	Mon	9:48	3.9	10:02	4.2	3:36	-0.1	3:51	0.1	6:18	7:59	
12	Tue	10:35	4.1	10:48	4.0	4:18	-0.1	4:44	0.2	6:18	7:58	
13	Wed	11:23	4.3	11:36	3.8	5:03	-0.1	5:41	0.3	6:19	7:57	
14	Thu			12:13	4.3	5:50	0.0	6:40	0.4	6:20	7:56	
15	Fri	12:25	3.5	1:05	4.3	6:40	0.1	7:42	0.6	6:21	7:55	
16	Sat	1:20	3.2	2:07	4.3	7:35	0.2	8:52	0.6	6:22	7:53	
17	Sun	2:27	3.1	3:19	4.2	8:37	0.3	10:02	0.7	6:23	7:52	
18	Mon	3:45	3.0	4:30	4.2	9:44	0.4	11:08	0.6	6:23	7:51	
19	Tue	4:57	3.1	5:34	4.3	10:50	0.4			6:24	7:50	
20	Wed	6:02	3.3	6:33	4.3	12:12	0.5	11:56 AM	0.4	6:25	7:48	
21	Thu	7:00	3.5	7:25	4.3	1:08	0.4	12:58	0.3	6:26	7:47	
22	Fri	7:51	3.7	8:09	4.3	1:54	0.3	1:50	0.3	6:27	7:46	
23	Sat	8:35	3.9	8:48	4.2	2:32	0.2	2:35	0.3	6:27	7:44	
24	Sun	9:15	4.0	9:25	4.1	3:07	0.2	3:17	0.4	6:28	7:43	
25	Mon	9:55	4.0	10:02	3.9	3:40	0.2	3:58	0.5	6:29	7:42	
26	Tue	10:34	4.0	10:39	3.6	4:13	0.3	4:41	0.7	6:30	7:40	
27	Wed	11:12	4.0	11:17	3.4	4:48	0.5	5:25	0.8	6:31	7:39	
28	Thu	11:50	3.9	11:56	3.2	5:24	0.7	6:10	1.0	6:32	7:37	
29	Fri			12:29	3.8	6:03	0.8	6:56	1.1	6:32	7:36	
30	Sat	12:36	3.0	1:11	3.7	6:45	1.0	7:47	1.2	6:33	7:35	
31	Sun	1:22	2.8	2:03	3.6	7:31	1.1	8:47	1.3	6:34	7:33	