
































Virginia Beach (outer coast), VA - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:23	3.7	4:39	3.8	10:30	0.8	10:55	0.4	7:28	6:06	
2	Sun	4:16	4.1	4:32	3.9	10:30	0.5	10:43	0.1	6:29	5:05	
3	Mon	5:07	4.5	5:26	4.0	11:29	0.2	11:33	-0.1	6:30	5:04	
4	Tue	5:57	4.9	6:18	4.0			12:24	0.0	6:31	5:03	
5	Wed	6:47	5.2	7:10	4.0	12:22	-0.3	1:16	-0.2	6:32	5:02	
6	Thu	7:37	5.3	8:00	3.9	1:10	-0.3	2:07	-0.2	6:33	5:01	
7	Fri	8:28	5.2	8:54	3.7	1:59	-0.3	3:00	-0.1	6:34	5:00	
8	Sat	9:22	5.0	9:51	3.6	2:50	-0.1	3:58	0.1	6:35	4:59	
9	Sun	10:20	4.7	10:50	3.5	3:48	0.1	5:00	0.3	6:36	4:59	
10	Mon	11:18	4.4	11:52	3.4	4:51	0.4	6:03	0.4	6:37	4:58	
11	Tue			12:19	4.0	5:58	0.6	7:07	0.5	6:38	4:57	
12	Wed	1:03	3.3	1:28	3.7	7:11	0.7	8:09	0.6	6:39	4:56	
13	Thu	2:22	3.4	2:39	3.5	8:26	0.8	9:03	0.6	6:40	4:55	
14	Fri	3:24	3.6	3:36	3.4	9:31	0.8	9:48	0.5	6:41	4:55	
15	Sat	4:15	3.7	4:24	3.3	10:28	0.8	10:29	0.5	6:42	4:54	
16	Sun	4:58	3.9	5:08	3.2	11:20	0.7	11:08	0.5	6:43	4:53	
17	Mon	5:38	4.0	5:49	3.2			12:06	0.6	6:44	4:53	
18	Tue	6:15	4.1	6:27	3.1			12:44	0.5	6:45	4:52	
19	Wed	6:49	4.2	7:03	3.1	12:20	0.4	1:16	0.5	6:46	4:52	
20	Thu	7:22	4.2	7:38	3.1	12:53	0.4	1:47	0.4	6:47	4:51	
21	Fri	7:55	4.1	8:13	3.0	1:26	0.5	2:20	0.4	6:48	4:51	
22	Sat	8:31	4.0	8:51	2.9	2:01	0.5	2:56	0.5	6:49	4:50	
23	Sun	9:09	3.9	9:31	2.9	2:37	0.6	3:37	0.6	6:50	4:50	
24	Mon	9:50	3.8	10:15	2.8	3:18	0.7	4:22	0.6	6:51	4:49	
25	Tue	10:33	3.7	11:00	2.8	4:05	0.8	5:08	0.6	6:52	4:49	
26	Wed	11:17	3.6	11:49	2.9	4:58	0.8	5:54	0.6	6:53	4:48	
27	Thu			12:04	3.5	5:54	0.8	6:43	0.5	6:54	4:48	
28	Fri	12:44	3.1	12:58	3.4	6:56	0.8	7:34	0.3	6:55	4:48	
29	Sat	1:48	3.3	2:01	3.3	8:03	0.7	8:26	0.1	6:56	4:48	
30	Sun	2:50	3.7	3:03	3.3	9:07	0.5	9:17	-0.1	6:57	4:47	