

































## Virginia Beach (outer coast), VA - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:46	4.1	4:02	3.3	10:09	0.2	10:09	-0.2	6:58	4:47	
2	Tue	4:40	4.4	5:00	3.4	11:10	0.0	11:03	-0.4	6:59	4:47	
3	Wed	5:35	4.7	5:57	3.4			12:09	-0.2	7:00	4:47	
4	Thu	6:29	4.9	6:53	3.5			1:04	-0.4	7:01	4:47	
5	Fri	7:22	4.9	7:46	3.5	12:52	-0.6	1:55	-0.5	7:01	4:47	
6	Sat	8:15	4.8	8:40	3.4	1:43	-0.6	2:47	-0.4	7:02	4:47	
7	Sun	9:08	4.6	9:37	3.3	2:36	-0.4	3:43	-0.3	7:03	4:47	
8	Mon	10:04	4.3	10:35	3.3	3:33	-0.2	4:40	-0.1	7:04	4:47	
9	Tue	10:57	4.0	11:33	3.2	4:35	0.0	5:36	0.0	7:05	4:47	
10	Wed	11:50	3.6			5:39	0.3	6:30	0.1	7:06	4:47	
11	Thu	12:34	3.2	12:44	3.3	6:45	0.5	7:24	0.2	7:06	4:47	
12	Fri	1:42	3.2	1:47	3.0	7:56	0.6	8:15	0.3	7:07	4:48	
13	Sat	2:46	3.3	2:50	2.8	9:01	0.7	9:00	0.3	7:08	4:48	
14	Sun	3:38	3.4	3:43	2.6	9:58	0.6	9:42	0.3	7:08	4:48	
15	Mon	4:22	3.5	4:30	2.6	10:50	0.6	10:22	0.3	7:09	4:48	
16	Tue	5:04	3.6	5:16	2.6	11:39	0.5	11:05	0.3	7:10	4:49	
17	Wed	5:44	3.7	6:00	2.6			12:21	0.3	7:10	4:49	
18	Thu	6:23	3.7	6:40	2.7			12:56	0.2	7:11	4:49	
19	Fri	7:00	3.8	7:17	2.7	12:27	0.2	1:29	0.2	7:12	4:50	
20	Sat	7:36	3.8	7:53	2.7	1:05	0.1	2:01	0.1	7:12	4:50	
21	Sun	8:12	3.8	8:31	2.7	1:41	0.1	2:36	0.1	7:13	4:51	
22	Mon	8:49	3.7	9:11	2.7	2:18	0.1	3:14	0.1	7:13	4:51	
23	Tue	9:28	3.7	9:54	2.8	2:59	0.2	3:55	0.1	7:14	4:52	
24	Wed	10:09	3.6	10:39	2.8	3:46	0.3	4:38	0.0	7:14	4:52	
25	Thu	10:51	3.4	11:25	3.0	4:38	0.3	5:21	0.0	7:14	4:53	
26	Fri	11:35	3.3			5:33	0.4	6:06	-0.1	7:15	4:54	
27	Sat	12:15	3.1	12:25	3.1	6:33	0.4	6:55	-0.2	7:15	4:54	
28	Sun	1:14	3.3	1:25	2.9	7:39	0.3	7:49	-0.2	7:15	4:55	
29	Mon	2:18	3.6	2:32	2.8	8:46	0.2	8:45	-0.3	7:16	4:56	
30	Tue	3:21	3.8	3:37	2.8	9:51	0.0	9:42	-0.4	7:16	4:56	
31	Wed	4:20	4.1	4:40	2.9	10:55	-0.2	10:41	-0.5	7:16	4:57	