US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:46**	4.1	**4:02**	3.3	**10:09**	0.2	**10:09**	-0.2	6:58	4:47	
2	Tue	**4:40**	4.4	**5:00**	3.4	**11:10**	0.0	**11:03**	-0.4	6:59	4:47	
3	Wed	**5:35**	4.7	**5:57**	3.4			**12:09**	-0.2	7:00	4:47	
4	Thu	**6:29**	4.9	**6:53**	3.5			**1:04**	-0.4	7:01	4:47	
5	Fri	**7:22**	4.9	**7:46**	3.5	**12:52**	-0.6	**1:55**	-0.5	7:01	4:47	
6	Sat	**8:15**	4.8	**8:40**	3.4	**1:43**	-0.6	**2:47**	-0.4	7:02	4:47	
7	Sun	**9:08**	4.6	**9:37**	3.3	**2:36**	-0.4	**3:43**	-0.3	7:03	4:47	
8	Mon	**10:04**	4.3	**10:35**	3.3	**3:33**	-0.2	**4:40**	-0.1	7:04	4:47	
9	Tue	**10:57**	4.0	**11:33**	3.2	**4:35**	0.0	**5:36**	0.0	7:05	4:47	
10	Wed	**11:50**	3.6			**5:39**	0.3	**6:30**	0.1	7:06	4:47	
11	Thu	**12:34**	3.2	**12:44**	3.3	**6:45**	0.5	**7:24**	0.2	7:06	4:47	
12	Fri	**1:42**	3.2	**1:47**	3.0	**7:56**	0.6	**8:15**	0.3	7:07	4:48	
13	Sat	**2:46**	3.3	**2:50**	2.8	**9:01**	0.7	**9:00**	0.3	7:08	4:48	
14	Sun	**3:38**	3.4	**3:43**	2.6	**9:58**	0.6	**9:42**	0.3	7:08	4:48	
15	Mon	**4:22**	3.5	**4:30**	2.6	**10:50**	0.6	**10:22**	0.3	7:09	4:48	
16	Tue	**5:04**	3.6	**5:16**	2.6	**11:39**	0.5	**11:05**	0.3	7:10	4:49	
17	Wed	**5:44**	3.7	**6:00**	2.6			**12:21**	0.3	7:10	4:49	
18	Thu	**6:23**	3.7	**6:40**	2.7			**12:56**	0.2	7:11	4:49	
19	Fri	**7:00**	3.8	**7:17**	2.7	**12:27**	0.2	**1:29**	0.2	7:12	4:50	
20	Sat	**7:36**	3.8	**7:53**	2.7	**1:05**	0.1	**2:01**	0.1	7:12	4:50	
21	Sun	**8:12**	3.8	**8:31**	2.7	**1:41**	0.1	**2:36**	0.1	7:13	4:51	
22	Mon	**8:49**	3.7	**9:11**	2.7	**2:18**	0.1	**3:14**	0.1	7:13	4:51	
23	Tue	**9:28**	3.7	**9:54**	2.8	**2:59**	0.2	**3:55**	0.1	7:14	4:52	
24	Wed	**10:09**	3.6	**10:39**	2.8	**3:46**	0.3	**4:38**	0.0	7:14	4:52	
25	Thu	**10:51**	3.4	**11:25**	3.0	**4:38**	0.3	**5:21**	0.0	7:14	4:53	
26	Fri	**11:35**	3.3			**5:33**	0.4	**6:06**	-0.1	7:15	4:54	
27	Sat	**12:15**	3.1	**12:25**	3.1	**6:33**	0.4	**6:55**	-0.2	7:15	4:54	
28	Sun	**1:14**	3.3	**1:25**	2.9	**7:39**	0.3	**7:49**	-0.2	7:15	4:55	
29	Mon	**2:18**	3.6	**2:32**	2.8	**8:46**	0.2	**8:45**	-0.3	7:16	4:56	
30	Tue	**3:21**	3.8	**3:37**	2.8	**9:51**	0.0	**9:42**	-0.4	7:16	4:56	
31	Wed	**4:20**	4.1	**4:40**	2.9	**10:55**	-0.2	**10:41**	-0.5	7:16	4:57	