US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Apr 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:09	3.5	8:28	4.0	2:07	-0.2	2:14	-0.2	6:49	7:26	
2	Thu	8:45	3.4	9:03	4.0	2:46	-0.2	2:45	-0.1	6:47	7:27	
3	Fri	9:20	3.3	9:37	3.9	3:21	-0.1	3:17	0.0	6:46	7:27	
4	Sat	9:56	3.2	10:13	3.8	3:56	0.0	3:50	0.1	6:44	7:28	
5	Sun	10:33	3.0	10:51	3.6	4:34	0.1	4:26	0.3	6:43	7:29	
6	Mon	11:12	2.9	11:30	3.5	5:14	0.3	5:06	0.5	6:41	7:30	
7	Tue	11:52	2.7			5:57	0.5	5:51	0.6	6:40	7:31	
8	Wed	12:12	3.3	12:34	2.6	6:43	0.6	6:39	0.8	6:39	7:32	
9	Thu	12:58	3.2	1:22	2.5	7:34	0.7	7:33	0.8	6:37	7:33	
10	Fri	1:52	3.1	2:24	2.5	8:32	0.8	8:34	0.8	6:36	7:34	
11	Sat	2:59	3.0	3:34	2.6	9:29	0.7	9:38	0.7	6:34	7:34	
12	Sun	4:03	3.1	4:33	2.9	10:20	0.6	10:37	0.5	6:33	7:35	
13	Mon	4:56	3.2	5:23	3.3	11:08	0.4	11:34	0.3	6:32	7:36	
14	Tue	5:46	3.4	6:11	3.6	11:54	0.1			6:30	7:37	
15	Wed	6:35	3.5	6:58	4.0	12:29	0.0	12:40	-0.1	6:29	7:38	
16	Thu	7:23	3.6	7:44	4.4	1:21	-0.3	1:25	-0.3	6:27	7:39	
17	Fri	8:09	3.6	8:30	4.6	2:10	-0.5	2:09	-0.5	6:26	7:40	
18	Sat	8:56	3.6	9:17	4.7	2:57	-0.6	2:54	-0.5	6:25	7:41	
19	Sun	9:44	3.5	10:07	4.6	3:46	-0.5	3:41	-0.4	6:23	7:41	
20	Mon	10:37	3.4	11:02	4.4	4:39	-0.4	4:34	-0.3	6:22	7:42	
21	Tue	11:32	3.2	11:58	4.2	5:38	-0.2	5:33	-0.1	6:21	7:43	
22	Wed			12:30	3.1	6:38	0.0	6:37	0.1	6:20	7:44	
23	Thu	12:58	3.9	1:35	3.1	7:43	0.2	7:47	0.3	6:18	7:45	
24	Fri	2:08	3.6	2:55	3.1	8:51	0.3	9:04	0.3	6:17	7:46	
25	Sat	3:27	3.4	4:09	3.3	9:53	0.3	10:16	0.3	6:16	7:47	
26	Sun	4:34	3.3	5:08	3.5	10:48	0.2	11:20	0.3	6:15	7:48	
27	Mon	5:29	3.3	5:59	3.7	11:37	0.2			6:13	7:49	
28	Tue	6:19	3.2	6:44	3.9	12:19	0.2	12:22	0.1	6:12	7:49	
29	Wed	7:04	3.2	7:24	4.0	1:10	0.1	1:03	0.1	6:11	7:50	
30	Thu	7:44	3.1	8:00	4.1	1:52	0.0	1:39	0.1	6:10	7:51	