



Virginia Beach (outer coast), VA - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:09	2.8	9:19	3.8	3:12	0.1	2:52	0.4	5:46	8:17	☉
2	Tue	9:46	2.8	9:57	3.7	3:46	0.2	3:29	0.5	5:45	8:18	☉
3	Wed	10:26	2.8	10:36	3.6	4:24	0.2	4:09	0.5	5:45	8:18	☉
4	Thu	11:07	2.8	11:16	3.5	5:05	0.3	4:54	0.6	5:45	8:19	☾
5	Fri	11:49	2.8	11:57	3.4	5:46	0.3	5:43	0.7	5:44	8:19	☾
6	Sat			12:31	2.9	6:28	0.3	6:35	0.7	5:44	8:20	☾
7	Sun	12:39	3.3	1:18	3.1	7:11	0.3	7:31	0.7	5:44	8:21	☾
8	Mon	1:26	3.2	2:11	3.3	7:56	0.2	8:32	0.6	5:44	8:21	☾
9	Tue	2:22	3.0	3:11	3.5	8:46	0.1	9:35	0.5	5:44	8:22	☾
10	Wed	3:25	3.0	4:08	3.9	9:38	0.0	10:36	0.3	5:44	8:22	☾
11	Thu	4:26	3.0	5:03	4.2	10:31	-0.1	11:37	0.0	5:44	8:23	☾
12	Fri	5:26	3.0	5:59	4.4	11:26	-0.2			5:44	8:23	☾
13	Sat	6:26	3.1	6:57	4.6	12:38	-0.2	12:24	-0.3	5:44	8:23	☾
14	Sun	7:26	3.2	7:53	4.8	1:36	-0.4	1:22	-0.5	5:44	8:24	☾
15	Mon	8:23	3.3	8:47	4.8	2:29	-0.5	2:18	-0.5	5:44	8:24	☾
16	Tue	9:18	3.4	9:41	4.6	3:21	-0.5	3:12	-0.5	5:44	8:25	☾
17	Wed	10:15	3.5	10:36	4.4	4:14	-0.5	4:10	-0.3	5:44	8:25	☾
18	Thu	11:13	3.5	11:31	4.1	5:10	-0.4	5:12	-0.1	5:44	8:25	☾
19	Fri			12:10	3.5	6:04	-0.3	6:16	0.1	5:44	8:25	☾
20	Sat	12:23	3.8	1:06	3.5	6:56	-0.2	7:21	0.3	5:44	8:26	☾
21	Sun	1:15	3.4	2:06	3.5	7:46	0.0	8:28	0.4	5:45	8:26	☾
22	Mon	2:12	3.0	3:10	3.6	8:36	0.1	9:35	0.5	5:45	8:26	☾
23	Tue	3:17	2.8	4:06	3.6	9:25	0.2	10:34	0.6	5:45	8:26	☾
24	Wed	4:17	2.6	4:55	3.7	10:11	0.3	11:29	0.6	5:45	8:26	☾
25	Thu	5:10	2.6	5:40	3.7	10:55	0.4			5:46	8:27	☾
26	Fri	6:00	2.6	6:24	3.7	12:21	0.5	11:41 AM	0.5	5:46	8:27	☉
27	Sat	6:48	2.6	7:06	3.8	1:08	0.4	12:28	0.5	5:46	8:27	☉
28	Sun	7:32	2.7	7:45	3.8	1:47	0.3	1:13	0.4	5:47	8:27	☉
29	Mon	8:11	2.8	8:22	3.8	2:20	0.3	1:53	0.4	5:47	8:27	☉
30	Tue	8:48	2.8	8:58	3.8	2:52	0.2	2:31	0.4	5:48	8:27	☉