US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:11	4.4	11:25	3.6	4:46	0.2	5:34	0.6	6:35	7:32	
2	Wed	11:59	4.4			5:34	0.3	6:30	0.7	6:35	7:31	
3	Thu	12:14	3.4	12:51	4.4	6:25	0.4	7:31	0.8	6:36	7:29	
4	Fri	1:09	3.3	1:52	4.3	7:23	0.5	8:39	0.9	6:37	7:28	
5	Sat	2:16	3.2	3:06	4.3	8:29	0.6	9:50	0.8	6:38	7:26	
6	Sun	3:37	3.2	4:20	4.3	9:40	0.6	10:55	0.7	6:39	7:25	
7	Mon	4:50	3.4	5:24	4.4	10:48	0.5	11:55	0.5	6:39	7:23	
8	Tue	5:55	3.7	6:23	4.5	11:54	0.4			6:40	7:22	
9	Wed	6:53	4.0	7:16	4.5	12:50	0.3	12:57	0.3	6:41	7:20	
10	Thu	7:44	4.3	8:02	4.5	1:38	0.2	1:52	0.2	6:42	7:19	
11	Fri	8:30	4.5	8:45	4.3	2:18	0.1	2:39	0.2	6:43	7:17	
12	Sat	9:12	4.6	9:26	4.1	2:56	0.1	3:24	0.3	6:43	7:16	
13	Sun	9:54	4.6	10:07	3.9	3:33	0.2	4:09	0.5	6:44	7:14	
14	Mon	10:36	4.5	10:48	3.6	4:10	0.4	4:56	0.7	6:45	7:13	
15	Tue	11:18	4.3	11:30	3.4	4:50	0.6	5:44	0.9	6:46	7:11	
16	Wed			12:00	4.1	5:33	0.8	6:31	1.1	6:47	7:10	
17	Thu	12:12	3.2	12:43	3.9	6:17	1.0	7:22	1.2	6:47	7:08	
18	Fri	12:57	3.0	1:32	3.8	7:05	1.2	8:19	1.3	6:48	7:07	
19	Sat	1:52	2.9	2:35	3.7	8:00	1.3	9:22	1.4	6:49	7:05	
20	Sun	3:07	2.9	3:43	3.7	9:02	1.4	10:16	1.3	6:50	7:04	
21	Mon	4:17	3.0	4:39	3.8	10:01	1.3	11:03	1.2	6:51	7:02	
22	Tue	5:08	3.2	5:26	3.9	10:55	1.2	11:45	1.0	6:51	7:01	
23	Wed	5:54	3.5	6:09	4.0	11:47	1.0			6:52	6:59	
24	Thu	6:36	3.8	6:51	4.1	12:26	0.8	12:38	0.8	6:53	6:58	
25	Fri	7:16	4.1	7:31	4.1	1:04	0.6	1:24	0.6	6:54	6:56	
26	Sat	7:55	4.4	8:10	4.1	1:40	0.4	2:08	0.4	6:55	6:55	
27	Sun	8:34	4.6	8:50	4.1	2:16	0.2	2:50	0.4	6:56	6:53	
28	Mon	9:15	4.8	9:33	4.0	2:54	0.2	3:35	0.4	6:56	6:52	
29	Tue	10:00	4.9	10:19	3.8	3:34	0.2	4:24	0.4	6:57	6:50	
30	Wed	10:49	4.8	11:10	3.7	4:20	0.3	5:19	0.6	6:58	6:49	