US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:41	4.7			5:12	0.4	6:18	0.7	6:59	6:47	
2	Fri	12:04	3.5	12:37	4.6	6:10	0.6	7:21	0.8	7:00	6:46	
3	Sat	1:03	3.4	1:41	4.4	7:14	0.7	8:31	0.9	7:01	6:44	
4	Sun	2:15	3.3	2:58	4.2	8:25	0.8	9:40	0.8	7:01	6:43	
5	Mon	3:40	3.5	4:12	4.2	9:40	0.8	10:41	0.7	7:02	6:41	
6	Tue	4:49	3.7	5:13	4.2	10:48	0.7	11:35	0.6	7:03	6:40	
7	Wed	5:47	4.0	6:07	4.2	11:53	0.6			7:04	6:38	
8	Thu	6:39	4.3	6:57	4.2	12:25	0.4	12:52	0.5	7:05	6:37	
9	Fri	7:26	4.5	7:41	4.1	1:09	0.3	1:43	0.4	7:06	6:35	
10	Sat	8:07	4.7	8:21	4.0	1:48	0.3	2:26	0.4	7:07	6:34	
11	Sun	8:45	4.7	8:59	3.8	2:24	0.3	3:05	0.4	7:08	6:33	
12	Mon	9:23	4.6	9:37	3.7	2:58	0.4	3:44	0.6	7:08	6:31	
13	Tue	10:01	4.5	10:16	3.5	3:32	0.6	4:24	0.7	7:09	6:30	
14	Wed	10:40	4.3	10:58	3.3	4:10	0.8	5:07	0.9	7:10	6:28	
15	Thu	11:22	4.1	11:41	3.2	4:51	1.0	5:53	1.1	7:11	6:27	
16	Fri			12:05	3.9	5:37	1.2	6:41	1.2	7:12	6:26	
17	Sat	12:26	3.1	12:50	3.8	6:27	1.3	7:33	1.3	7:13	6:24	
18	Sun	1:16	3.0	1:43	3.7	7:20	1.4	8:29	1.3	7:14	6:23	
19	Mon	2:19	3.0	2:45	3.6	8:21	1.4	9:23	1.2	7:15	6:22	
20	Tue	3:31	3.1	3:46	3.6	9:24	1.3	10:09	1.0	7:16	6:21	
21	Wed	4:26	3.3	4:37	3.7	10:21	1.2	10:52	0.8	7:17	6:19	
22	Thu	5:12	3.7	5:24	3.8	11:14	1.0	11:34	0.6	7:18	6:18	
23	Fri	5:55	4.0	6:10	3.8			12:07	0.7	7:19	6:17	
24	Sat	6:39	4.4	6:56	3.9	12:17	0.4	12:59	0.5	7:20	6:16	
25	Sun	7:23	4.7	7:41	3.9	1:00	0.2	1:46	0.3	7:21	6:14	
26	Mon	8:06	4.9	8:26	3.9	1:43	0.1	2:32	0.1	7:22	6:13	
27	Tue	8:51	5.1	9:13	3.8	2:26	0.0	3:19	0.1	7:22	6:12	
28	Wed	9:40	5.0	10:04	3.7	3:11	0.0	4:10	0.2	7:23	6:11	
29	Thu	10:32	4.9	10:59	3.6	4:01	0.1	5:07	0.3	7:24	6:10	
30	Fri	11:29	4.7	11:57	3.5	4:58	0.3	6:08	0.5	7:25	6:09	
31	Sat			12:27	4.5	6:01	0.5	7:11	0.6	7:26	6:08	