

































Virginia Beach (outer coast), VA - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:42	4.1	8:04	3.1	1:15	-0.5	2:07	-0.4	7:16	4:58	
2	Tue	8:25	4.1	8:51	3.2	2:01	-0.5	2:50	-0.5	7:16	4:59	
3	Wed	9:11	4.0	9:42	3.4	2:50	-0.5	3:35	-0.6	7:16	5:00	
4	Thu	9:58	3.8	10:34	3.5	3:44	-0.4	4:24	-0.6	7:17	5:01	
5	Fri	10:47	3.6	11:27	3.5	4:42	-0.3	5:14	-0.5	7:17	5:01	
6	Sat	11:38	3.3			5:42	-0.1	6:05	-0.5	7:17	5:02	
7	Sun	12:23	3.6	12:33	3.0	6:47	0.0	7:00	-0.4	7:16	5:03	
8	Mon	1:29	3.6	1:40	2.8	7:57	0.1	8:01	-0.3	7:16	5:04	
9	Tue	2:40	3.6	2:54	2.6	9:08	0.1	9:02	-0.3	7:16	5:05	
10	Wed	3:46	3.7	4:02	2.6	10:14	0.0	10:03	-0.3	7:16	5:06	
11	Thu	4:46	3.8	5:05	2.7	11:18	-0.1	11:04	-0.4	7:16	5:07	
12	Fri	5:43	3.9	6:02	2.8			12:15	-0.2	7:16	5:08	
13	Sat	6:33	3.9	6:52	2.9	12:02	-0.4	1:02	-0.3	7:16	5:09	
14	Sun	7:17	3.9	7:36	3.0	12:52	-0.4	1:42	-0.4	7:15	5:10	
15	Mon	7:57	3.8	8:17	3.1	1:35	-0.4	2:18	-0.4	7:15	5:11	
16	Tue	8:34	3.7	8:57	3.1	2:15	-0.3	2:53	-0.4	7:15	5:12	
17	Wed	9:11	3.5	9:37	3.0	2:55	-0.2	3:28	-0.3	7:14	5:13	
18	Thu	9:48	3.3	10:17	3.0	3:36	0.0	4:05	-0.2	7:14	5:14	
19	Fri	10:25	3.0	10:56	3.0	4:20	0.2	4:41	-0.1	7:13	5:15	
20	Sat	11:02	2.8	11:35	2.9	5:05	0.3	5:19	0.0	7:13	5:16	
21	Sun	11:41	2.6			5:51	0.4	5:59	0.1	7:12	5:17	
22	Mon	12:17	2.9	12:25	2.4	6:42	0.5	6:43	0.2	7:12	5:18	
23	Tue	1:08	2.9	1:19	2.2	7:40	0.6	7:34	0.2	7:11	5:19	
24	Wed	2:10	2.9	2:24	2.2	8:41	0.5	8:29	0.2	7:11	5:20	
25	Thu	3:11	3.1	3:26	2.2	9:39	0.4	9:24	0.1	7:10	5:21	
26	Fri	4:06	3.3	4:23	2.4	10:35	0.2	10:19	-0.1	7:09	5:23	
27	Sat	4:58	3.5	5:17	2.6	11:29	0.0	11:15	-0.3	7:09	5:24	
28	Sun	5:49	3.7	6:10	2.9			12:18	-0.3	7:08	5:25	
29	Mon	6:37	3.9	6:58	3.2	12:09	-0.6	1:01	-0.5	7:07	5:26	
30	Tue	7:22	4.1	7:45	3.4	1:00	-0.8	1:43	-0.7	7:07	5:27	
31	Wed	8:06	4.1	8:33	3.6	1:48	-0.9	2:25	-0.9	7:06	5:28	