
































## Virginia Beach (outer coast), VA - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:14	3.3	6:10	0.0	6:22	0.4	5:45	8:17	
2	Sat	12:25	3.5	1:05	3.2	6:58	0.1	7:20	0.6	5:45	8:18	
3	Sun	1:12	3.2	2:01	3.2	7:44	0.3	8:22	0.7	5:45	8:18	
4	Mon	2:04	2.9	3:01	3.2	8:30	0.4	9:25	0.8	5:45	8:19	
5	Tue	3:04	2.8	3:56	3.3	9:14	0.4	10:20	0.7	5:44	8:20	
6	Wed	4:02	2.6	4:42	3.4	9:57	0.5	11:10	0.7	5:44	8:20	
7	Thu	4:53	2.6	5:23	3.5	10:39	0.5	11:59	0.6	5:44	8:21	
8	Fri	5:41	2.6	6:05	3.7	11:23	0.4			5:44	8:21	
9	Sat	6:29	2.7	6:47	3.8	12:45	0.4	12:09	0.4	5:44	8:22	
10	Sun	7:14	2.8	7:27	3.9	1:26	0.3	12:55	0.3	5:44	8:22	
11	Mon	7:55	2.8	8:06	4.0	2:03	0.1	1:38	0.2	5:44	8:23	
12	Tue	8:34	2.9	8:45	4.0	2:38	0.0	2:19	0.2	5:44	8:23	
13	Wed	9:14	3.0	9:25	4.0	3:14	0.0	3:01	0.1	5:44	8:24	
14	Thu	9:56	3.1	10:07	4.0	3:53	-0.1	3:45	0.1	5:44	8:24	
15	Fri	10:42	3.2	10:51	3.9	4:36	-0.1	4:34	0.2	5:44	8:24	
16	Sat	11:29	3.3	11:37	3.8	5:21	-0.1	5:29	0.2	5:44	8:25	
17	Sun			12:18	3.5	6:08	-0.1	6:27	0.3	5:44	8:25	
18	Mon	12:25	3.6	1:09	3.6	6:56	-0.2	7:27	0.3	5:44	8:25	
19	Tue	1:17	3.4	2:08	3.8	7:46	-0.2	8:32	0.3	5:44	8:26	
20	Wed	2:17	3.2	3:12	3.9	8:41	-0.2	9:39	0.2	5:44	8:26	
21	Thu	3:25	3.0	4:15	4.1	9:39	-0.2	10:44	0.1	5:45	8:26	
22	Fri	4:32	3.0	5:15	4.3	10:37	-0.2	11:48	0.0	5:45	8:26	
23	Sat	5:36	3.0	6:13	4.4	11:36	-0.2			5:45	8:26	
24	Sun	6:39	3.1	7:11	4.5	12:50	-0.2	12:37	-0.3	5:45	8:27	
25	Mon	7:38	3.2	8:03	4.5	1:46	-0.3	1:35	-0.3	5:46	8:27	
26	Tue	8:30	3.3	8:52	4.4	2:34	-0.4	2:27	-0.3	5:46	8:27	
27	Wed	9:20	3.4	9:38	4.2	3:20	-0.3	3:16	-0.2	5:46	8:27	
28	Thu	10:10	3.4	10:24	4.0	4:05	-0.3	4:06	0.0	5:47	8:27	
29	Fri	10:59	3.4	11:08	3.7	4:50	-0.2	4:58	0.2	5:47	8:27	
30	Sat	11:45	3.4	11:50	3.5	5:34	0.0	5:51	0.4	5:48	8:27	