






























Virginia Beach (outer coast), VA - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:29	3.3	6:15	0.1	6:42	0.6	5:48	8:27	
2	Mon	12:30	3.2	1:13	3.3	6:54	0.2	7:34	0.8	5:49	8:27	
3	Tue	1:12	2.9	2:00	3.3	7:33	0.3	8:30	0.8	5:49	8:26	
4	Wed	2:01	2.7	2:54	3.3	8:16	0.5	9:27	0.9	5:50	8:26	
5	Thu	3:00	2.6	3:48	3.4	9:03	0.5	10:21	0.8	5:50	8:26	
6	Fri	4:01	2.5	4:37	3.5	9:51	0.5	11:11	0.7	5:51	8:26	
7	Sat	4:55	2.5	5:24	3.6	10:40	0.5			5:51	8:26	
8	Sun	5:47	2.6	6:11	3.8	12:02	0.6	11:30 AM	0.4	5:52	8:25	
9	Mon	6:37	2.7	6:57	3.9	12:51	0.4	12:21	0.3	5:53	8:25	
10	Tue	7:24	2.9	7:41	4.1	1:34	0.2	1:11	0.2	5:53	8:25	
11	Wed	8:08	3.1	8:22	4.2	2:12	0.1	1:58	0.1	5:54	8:24	
12	Thu	8:51	3.3	9:04	4.2	2:50	-0.1	2:43	0.0	5:54	8:24	
13	Fri	9:35	3.5	9:47	4.1	3:29	-0.2	3:30	0.0	5:55	8:23	
14	Sat	10:22	3.6	10:32	4.0	4:11	-0.3	4:20	0.0	5:56	8:23	
15	Sun	11:11	3.8	11:19	3.8	4:56	-0.3	5:16	0.1	5:56	8:22	
16	Mon			12:00	3.9	5:43	-0.3	6:14	0.2	5:57	8:22	
17	Tue	12:08	3.6	12:51	4.0	6:31	-0.2	7:14	0.3	5:58	8:21	
18	Wed	12:59	3.4	1:48	4.1	7:23	-0.2	8:19	0.3	5:59	8:21	
19	Thu	1:58	3.1	2:54	4.1	8:19	-0.1	9:28	0.4	5:59	8:20	
20	Fri	3:08	3.0	4:02	4.2	9:20	0.0	10:34	0.3	6:00	8:20	
21	Sat	4:20	2.9	5:05	4.2	10:22	0.0	11:38	0.2	6:01	8:19	
22	Sun	5:27	3.0	6:05	4.3	11:25	0.0			6:02	8:18	
23	Mon	6:31	3.2	7:01	4.3	12:40	0.1	12:28	0.0	6:02	8:18	
24	Tue	7:28	3.3	7:51	4.3	1:34	0.0	1:26	0.0	6:03	8:17	
25	Wed	8:17	3.5	8:35	4.3	2:19	-0.1	2:16	0.0	6:04	8:16	
26	Thu	9:02	3.6	9:16	4.1	2:59	-0.1	3:01	0.1	6:05	8:15	
27	Fri	9:45	3.6	9:56	3.9	3:36	-0.1	3:44	0.2	6:05	8:14	
28	Sat	10:28	3.7	10:35	3.7	4:13	0.0	4:29	0.4	6:06	8:14	
29	Sun	11:09	3.6	11:14	3.5	4:50	0.1	5:15	0.6	6:07	8:13	
30	Mon	11:48	3.6	11:52	3.3	5:28	0.3	6:01	0.7	6:08	8:12	
31	Tue			12:27	3.6	6:05	0.4	6:48	0.9	6:09	8:11	