US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Nov 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**3:31**	3.6	**3:46**	3.8	**9:40**	0.8	**10:10**	0.4	7:28	6:06	
2	Fri	**4:31**	4.0	**4:45**	3.9	**10:42**	0.5	**11:01**	0.2	7:29	6:05	
3	Sat	**5:25**	4.4	**5:42**	3.9	**11:43**	0.3	**11:53**	-0.1	7:30	6:04	
4	Sun	**5:19**	4.8	**5:38**	4.0	**11:42**	0.0	**11:46**	-0.2	6:31	5:03	
5	Mon	**6:12**	5.1	**6:33**	4.0			**12:39**	-0.2	6:32	5:02	
6	Tue	**7:04**	5.3	**7:25**	4.0	**12:38**	-0.4	**1:31**	-0.3	6:33	5:01	
7	Wed	**7:55**	5.3	**8:17**	3.9	**1:28**	-0.4	**2:22**	-0.2	6:34	5:00	
8	Thu	**8:48**	5.1	**9:12**	3.8	**2:18**	-0.3	**3:16**	-0.1	6:35	4:59	
9	Fri	**9:43**	4.9	**10:10**	3.7	**3:12**	-0.1	**4:14**	0.1	6:36	4:59	
10	Sat	**10:39**	4.5	**11:08**	3.5	**4:12**	0.2	**5:14**	0.3	6:37	4:58	
11	Sun	**11:34**	4.2			**5:16**	0.4	**6:12**	0.4	6:38	4:57	
12	Mon	**12:09**	3.4	**12:32**	3.9	**6:22**	0.7	**7:12**	0.5	6:39	4:56	
13	Tue	**1:19**	3.4	**1:38**	3.6	**7:34**	0.8	**8:09**	0.6	6:40	4:55	
14	Wed	**2:32**	3.5	**2:43**	3.4	**8:43**	0.9	**8:59**	0.6	6:41	4:55	
15	Thu	**3:29**	3.6	**3:37**	3.3	**9:42**	0.9	**9:42**	0.6	6:42	4:54	
16	Fri	**4:16**	3.7	**4:24**	3.2	**10:36**	0.8	**10:22**	0.6	6:43	4:53	
17	Sat	**4:58**	3.8	**5:07**	3.2	**11:25**	0.7	**11:01**	0.5	6:44	4:53	
18	Sun	**5:36**	4.0	**5:49**	3.2			**12:08**	0.6	6:45	4:52	
19	Mon	**6:13**	4.0	**6:28**	3.2			**12:44**	0.5	6:46	4:52	
20	Tue	**6:47**	4.1	**7:05**	3.2	**12:17**	0.4	**1:16**	0.4	6:47	4:51	
21	Wed	**7:21**	4.1	**7:41**	3.2	**12:53**	0.4	**1:48**	0.4	6:48	4:50	
22	Thu	**7:56**	4.1	**8:17**	3.1	**1:28**	0.4	**2:21**	0.4	6:49	4:50	
23	Fri	**8:32**	4.1	**8:55**	3.1	**2:04**	0.4	**2:58**	0.4	6:50	4:50	
24	Sat	**9:11**	4.0	**9:37**	3.0	**2:43**	0.5	**3:39**	0.4	6:51	4:49	
25	Sun	**9:52**	3.9	**10:22**	3.0	**3:27**	0.5	**4:24**	0.5	6:52	4:49	
26	Mon	**10:35**	3.8	**11:09**	3.1	**4:16**	0.6	**5:10**	0.4	6:53	4:48	
27	Tue	**11:20**	3.7	**11:59**	3.2	**5:11**	0.7	**5:57**	0.4	6:54	4:48	
28	Wed			**12:10**	3.6	**6:09**	0.7	**6:47**	0.3	6:55	4:48	
29	Thu	**12:57**	3.4	**1:07**	3.4	**7:12**	0.6	**7:41**	0.1	6:56	4:48	
30	Fri	**2:01**	3.6	**2:12**	3.3	**8:19**	0.5	**8:36**	0.0	6:57	4:47	