

































Virginia Beach (outer coast), VA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:46	4.1	5:05	3.0	11:16	-0.3	11:09	-0.6	7:16	4:58	
2	Wed	5:45	4.3	6:06	3.1			12:16	-0.5	7:16	4:59	
3	Thu	6:40	4.4	7:02	3.3	12:09	-0.7	1:08	-0.6	7:16	5:00	
4	Fri	7:30	4.4	7:52	3.3	1:04	-0.8	1:55	-0.7	7:16	5:00	
5	Sat	8:18	4.2	8:42	3.4	1:54	-0.7	2:40	-0.7	7:17	5:01	
6	Sun	9:04	4.0	9:32	3.3	2:43	-0.6	3:26	-0.6	7:17	5:02	
7	Mon	9:49	3.7	10:20	3.3	3:34	-0.3	4:12	-0.4	7:17	5:03	
8	Tue	10:33	3.4	11:07	3.2	4:27	-0.1	4:56	-0.3	7:16	5:04	
9	Wed	11:15	3.1	11:52	3.1	5:19	0.1	5:38	-0.1	7:16	5:05	
10	Thu	11:57	2.8			6:12	0.4	6:21	0.0	7:16	5:06	
11	Fri	12:41	3.0	12:44	2.5	7:08	0.5	7:06	0.1	7:16	5:07	
12	Sat	1:39	2.9	1:43	2.3	8:10	0.6	7:55	0.2	7:16	5:08	
13	Sun	2:41	2.9	2:48	2.3	9:09	0.6	8:46	0.2	7:16	5:09	
14	Mon	3:35	3.0	3:45	2.3	10:02	0.5	9:35	0.2	7:15	5:10	
15	Tue	4:23	3.1	4:37	2.3	10:54	0.4	10:24	0.1	7:15	5:11	
16	Wed	5:09	3.3	5:26	2.5	11:42	0.2	11:14	0.0	7:15	5:12	
17	Thu	5:53	3.4	6:11	2.6			12:23	0.0	7:14	5:13	
18	Fri	6:34	3.6	6:52	2.8	12:01	-0.2	12:59	-0.2	7:14	5:14	
19	Sat	7:11	3.7	7:31	2.9	12:45	-0.3	1:33	-0.3	7:14	5:15	
20	Sun	7:48	3.8	8:11	3.1	1:26	-0.4	2:08	-0.4	7:13	5:16	
21	Mon	8:27	3.7	8:53	3.2	2:08	-0.5	2:46	-0.5	7:13	5:17	
22	Tue	9:08	3.6	9:38	3.4	2:53	-0.4	3:27	-0.6	7:12	5:18	
23	Wed	9:51	3.5	10:25	3.5	3:43	-0.4	4:11	-0.6	7:11	5:19	
24	Thu	10:37	3.3	11:15	3.5	4:37	-0.3	4:59	-0.5	7:11	5:20	
25	Fri	11:26	3.1			5:34	-0.1	5:49	-0.5	7:10	5:21	
26	Sat	12:08	3.5	12:19	2.9	6:35	0.0	6:45	-0.4	7:10	5:22	
27	Sun	1:10	3.5	1:24	2.7	7:42	0.0	7:47	-0.4	7:09	5:23	
28	Mon	2:23	3.5	2:40	2.6	8:53	0.0	8:53	-0.4	7:08	5:24	
29	Tue	3:34	3.6	3:52	2.7	10:01	-0.1	9:58	-0.4	7:08	5:26	
30	Wed	4:38	3.8	4:58	2.8	11:06	-0.2	11:03	-0.5	7:07	5:27	
31	Thu	5:38	3.9	5:59	3.0			12:05	-0.4	7:06	5:28	