US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:50	3.2	8:03	3.9	1:59	0.1	1:40	0.2	6:09	7:52	
2	Thu	8:25	3.2	8:36	3.9	2:31	0.1	2:13	0.2	6:08	7:53	
3	Fri	9:00	3.1	9:09	3.9	3:02	0.1	2:46	0.2	6:07	7:54	
4	Sat	9:35	3.1	9:44	3.8	3:34	0.1	3:21	0.3	6:06	7:55	
5	Sun	10:13	3.0	10:21	3.7	4:09	0.2	3:58	0.4	6:05	7:56	
6	Mon	10:53	2.9	11:01	3.6	4:48	0.3	4:40	0.5	6:04	7:56	
7	Tue	11:33	2.9	11:42	3.5	5:31	0.4	5:26	0.6	6:03	7:57	
8	Wed			12:16	2.9	6:15	0.4	6:16	0.7	6:02	7:58	
9	Thu	12:25	3.4	1:01	2.9	7:00	0.4	7:09	0.7	6:01	7:59	
10	Fri	1:12	3.3	1:55	3.0	7:48	0.4	8:08	0.6	6:00	8:00	
11	Sat	2:08	3.2	2:56	3.2	8:41	0.3	9:12	0.5	5:59	8:01	
12	Sun	3:11	3.2	3:57	3.6	9:34	0.2	10:14	0.3	5:58	8:02	
13	Mon	4:13	3.2	4:53	3.9	10:27	0.0	11:13	0.1	5:57	8:03	
14	Tue	5:11	3.3	5:47	4.3	11:20	-0.2			5:56	8:03	
15	Wed	6:09	3.4	6:42	4.6	12:14	-0.2	12:15	-0.4	5:55	8:04	
16	Thu	7:07	3.5	7:35	4.8	1:12	-0.5	1:10	-0.5	5:55	8:05	
17	Fri	8:02	3.6	8:28	4.9	2:05	-0.6	2:03	-0.6	5:54	8:06	
18	Sat	8:55	3.6	9:20	4.8	2:56	-0.7	2:54	-0.6	5:53	8:07	
19	Sun	9:50	3.6	10:15	4.7	3:49	-0.7	3:48	-0.5	5:52	8:07	
20	Mon	10:47	3.6	11:10	4.4	4:44	-0.5	4:47	-0.3	5:52	8:08	
21	Tue	11:45	3.5			5:42	-0.4	5:51	0.0	5:51	8:09	
22	Wed	12:06	4.1	12:43	3.5	6:38	-0.2	6:56	0.2	5:50	8:10	
23	Thu	1:01	3.7	1:44	3.4	7:34	0.0	8:04	0.3	5:50	8:11	
24	Fri	2:01	3.4	2:54	3.4	8:30	0.1	9:15	0.4	5:49	8:11	
25	Sat	3:09	3.1	3:58	3.5	9:24	0.2	10:19	0.5	5:49	8:12	
26	Sun	4:11	2.9	4:50	3.6	10:12	0.3	11:16	0.5	5:48	8:13	
27	Mon	5:04	2.8	5:36	3.7	10:57	0.3			5:48	8:14	
28	Tue	5:53	2.8	6:18	3.7	12:09	0.4	11:40 AM	0.3	5:47	8:14	
29	Wed	6:39	2.8	6:58	3.8	12:57	0.3	12:23	0.3	5:47	8:15	
30	Thu	7:21	2.9	7:35	3.9	1:37	0.2	1:05	0.3	5:46	8:16	
31	Fri	8:00	2.9	8:10	3.9	2:10	0.2	1:43	0.3	5:46	8:16	