US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:37	3.0	8:44	3.9	2:41	0.1	2:19	0.3	5:46	8:17	
2	Sun	9:13	3.0	9:20	3.8	3:13	0.1	2:56	0.3	5:45	8:18	
3	Mon	9:51	3.0	9:57	3.8	3:47	0.1	3:34	0.4	5:45	8:18	
4	Tue	10:30	3.0	10:36	3.7	4:24	0.1	4:16	0.4	5:45	8:19	
5	Wed	11:12	3.0	11:16	3.6	5:05	0.2	5:02	0.5	5:44	8:20	
6	Thu	11:54	3.1	11:58	3.5	5:46	0.2	5:53	0.5	5:44	8:20	
7	Fri			12:38	3.2	6:29	0.2	6:46	0.5	5:44	8:21	
8	Sat	12:43	3.3	1:27	3.3	7:14	0.1	7:43	0.5	5:44	8:21	
9	Sun	1:33	3.2	2:23	3.5	8:04	0.0	8:46	0.4	5:44	8:22	
10	Mon	2:33	3.1	3:25	3.8	8:57	0.0	9:49	0.3	5:44	8:22	
11	Tue	3:39	3.1	4:25	4.1	9:53	-0.1	10:51	0.1	5:44	8:23	
12	Wed	4:42	3.1	5:23	4.4	10:49	-0.3	11:53	-0.1	5:44	8:23	
13	Thu	5:44	3.2	6:21	4.6	11:48	-0.4			5:44	8:23	
14	Fri	6:46	3.3	7:18	4.7	12:55	-0.4	12:48	-0.5	5:44	8:24	
15	Sat	7:46	3.5	8:13	4.8	1:51	-0.6	1:46	-0.6	5:44	8:24	
16	Sun	8:42	3.6	9:06	4.7	2:43	-0.7	2:40	-0.6	5:44	8:25	
17	Mon	9:36	3.6	9:59	4.5	3:34	-0.6	3:35	-0.5	5:44	8:25	
18	Tue	10:33	3.6	10:52	4.3	4:26	-0.6	4:33	-0.3	5:44	8:25	
19	Wed	11:28	3.6	11:44	3.9	5:19	-0.4	5:34	0.0	5:44	8:26	
20	Thu			12:22	3.6	6:11	-0.3	6:36	0.2	5:44	8:26	
21	Fri	12:33	3.6	1:16	3.6	7:00	-0.1	7:38	0.4	5:45	8:26	
22	Sat	1:23	3.2	2:14	3.5	7:48	0.1	8:43	0.5	5:45	8:26	
23	Sun	2:19	2.9	3:16	3.5	8:37	0.2	9:46	0.6	5:45	8:26	
24	Mon	3:23	2.7	4:11	3.5	9:25	0.3	10:42	0.6	5:45	8:26	
25	Tue	4:21	2.6	4:58	3.5	10:11	0.4	11:34	0.6	5:46	8:27	
26	Wed	5:13	2.6	5:42	3.6	10:56	0.4			5:46	8:27	
27	Thu	6:02	2.6	6:25	3.7	12:24	0.5	11:42 AM	0.4	5:46	8:27	
28	Fri	6:50	2.7	7:06	3.8	1:08	0.4	12:29	0.4	5:47	8:27	
29	Sat	7:33	2.8	7:45	3.8	1:45	0.3	1:14	0.3	5:47	8:27	
30	Sun	8:12	2.9	8:21	3.9	2:18	0.2	1:55	0.3	5:48	8:27	