US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:49	3.0	8:57	3.9	2:49	0.1	2:34	0.3	5:48	8:27	
2	Tue	9:27	3.1	9:33	3.8	3:22	0.0	3:13	0.3	5:49	8:27	
3	Wed	10:06	3.2	10:11	3.8	3:57	0.0	3:55	0.3	5:49	8:26	
4	Thu	10:47	3.3	10:52	3.7	4:36	0.0	4:41	0.4	5:50	8:26	
5	Fri	11:30	3.4	11:34	3.5	5:16	0.0	5:32	0.4	5:50	8:26	
6	Sat			12:14	3.5	5:59	0.0	6:26	0.4	5:51	8:26	
7	Sun	12:18	3.4	1:02	3.7	6:44	0.0	7:22	0.4	5:51	8:26	
8	Mon	1:07	3.2	1:56	3.8	7:33	-0.1	8:24	0.4	5:52	8:25	
9	Tue	2:05	3.1	2:59	4.0	8:28	-0.1	9:29	0.3	5:52	8:25	
10	Wed	3:12	3.0	4:04	4.2	9:28	-0.1	10:33	0.2	5:53	8:25	
11	Thu	4:21	3.0	5:05	4.3	10:28	-0.2	11:37	0.0	5:54	8:24	
12	Fri	5:27	3.1	6:06	4.5	11:30	-0.2			5:54	8:24	
13	Sat	6:32	3.3	7:06	4.6	12:41	-0.2	12:34	-0.3	5:55	8:24	
14	Sun	7:33	3.5	8:01	4.7	1:38	-0.4	1:34	-0.4	5:56	8:23	
15	Mon	8:29	3.7	8:51	4.6	2:28	-0.5	2:29	-0.4	5:56	8:23	
16	Tue	9:21	3.8	9:40	4.4	3:15	-0.5	3:22	-0.3	5:57	8:22	
17	Wed	10:13	3.9	10:29	4.2	4:02	-0.5	4:16	-0.1	5:58	8:22	
18	Thu	11:04	3.9	11:16	3.9	4:49	-0.3	5:12	0.1	5:58	8:21	
19	Fri	11:53	3.8			5:36	-0.2	6:08	0.3	5:59	8:20	
20	Sat	12:01	3.5	12:39	3.7	6:20	0.0	7:03	0.5	6:00	8:20	
21	Sun	12:44	3.2	1:27	3.6	7:03	0.2	8:00	0.7	6:01	8:19	
22	Mon	1:31	2.9	2:20	3.5	7:48	0.4	9:01	0.8	6:01	8:18	
23	Tue	2:27	2.7	3:20	3.5	8:36	0.5	9:59	0.9	6:02	8:18	
24	Wed	3:32	2.6	4:15	3.5	9:26	0.6	10:51	0.8	6:03	8:17	
25	Thu	4:32	2.6	5:04	3.6	10:16	0.7	11:42	0.8	6:04	8:16	
26	Fri	5:25	2.7	5:50	3.7	11:05	0.6			6:04	8:15	
27	Sat	6:15	2.8	6:35	3.8	12:30	0.6	11:56 AM	0.6	6:05	8:15	
28	Sun	7:02	3.0	7:17	3.9	1:12	0.5	12:45	0.5	6:06	8:14	
29	Mon	7:43	3.1	7:55	4.0	1:47	0.3	1:30	0.4	6:07	8:13	
30	Tue	8:22	3.3	8:31	4.0	2:20	0.2	2:12	0.3	6:08	8:12	
31	Wed	8:59	3.5	9:08	4.0	2:52	0.1	2:53	0.2	6:08	8:11	