US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:39	3.7	9:46	4.0	3:27	0.0	3:36	0.2	6:09	8:10	
2	Fri	10:20	3.8	10:28	3.8	4:04	0.0	4:22	0.3	6:10	8:09	
3	Sat	11:05	3.9	11:12	3.7	4:46	0.0	5:14	0.3	6:11	8:08	
4	Sun	11:51	4.1	11:59	3.5	5:30	0.0	6:08	0.4	6:12	8:07	
5	Mon			12:40	4.1	6:18	0.0	7:05	0.5	6:13	8:06	
6	Tue	12:49	3.4	1:34	4.1	7:10	0.1	8:07	0.5	6:13	8:05	
7	Wed	1:46	3.2	2:39	4.2	8:08	0.1	9:15	0.5	6:14	8:04	
8	Thu	2:57	3.1	3:50	4.2	9:12	0.2	10:21	0.4	6:15	8:03	
9	Fri	4:11	3.2	4:55	4.3	10:17	0.2	11:25	0.3	6:16	8:02	
10	Sat	5:19	3.3	5:57	4.5	11:22	0.1			6:17	8:01	
11	Sun	6:24	3.5	6:55	4.5	12:27	0.1	12:27	0.0	6:17	8:00	
12	Mon	7:23	3.8	7:47	4.6	1:22	0.0	1:27	-0.1	6:18	7:59	
13	Tue	8:14	4.0	8:34	4.5	2:09	-0.2	2:19	-0.1	6:19	7:57	
14	Wed	9:01	4.1	9:18	4.3	2:52	-0.2	3:08	0.0	6:20	7:56	
15	Thu	9:47	4.2	10:01	4.1	3:32	-0.2	3:55	0.1	6:21	7:55	
16	Fri	10:32	4.2	10:44	3.8	4:13	0.0	4:44	0.3	6:22	7:54	
17	Sat	11:16	4.1	11:26	3.6	4:54	0.1	5:34	0.6	6:22	7:52	
18	Sun	11:59	4.0			5:36	0.3	6:23	0.8	6:23	7:51	
19	Mon	12:08	3.3	12:40	3.8	6:18	0.6	7:13	1.0	6:24	7:50	
20	Tue	12:50	3.1	1:26	3.7	7:01	0.7	8:07	1.1	6:25	7:49	
21	Wed	1:38	2.9	2:20	3.6	7:49	0.9	9:06	1.1	6:26	7:47	
22	Thu	2:40	2.8	3:24	3.6	8:42	1.0	10:03	1.1	6:26	7:46	
23	Fri	3:50	2.8	4:22	3.6	9:38	1.0	10:54	1.0	6:27	7:45	
24	Sat	4:48	2.9	5:12	3.8	10:32	0.9	11:41	0.9	6:28	7:43	
25	Sun	5:38	3.1	5:58	3.9	11:24	0.8			6:29	7:42	
26	Mon	6:26	3.3	6:42	4.0	12:26	0.7	12:15	0.7	6:30	7:41	
27	Tue	7:09	3.6	7:23	4.1	1:06	0.5	1:05	0.5	6:31	7:39	
28	Wed	7:50	3.9	8:02	4.2	1:43	0.3	1:50	0.4	6:31	7:38	
29	Thu	8:30	4.1	8:41	4.2	2:18	0.2	2:33	0.2	6:32	7:36	
30	Fri	9:10	4.3	9:22	4.2	2:55	0.1	3:17	0.2	6:33	7:35	
31	Sat	9:53	4.5	10:06	4.0	3:34	0.0	4:05	0.3	6:34	7:33	