US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:41	3.0	5:21	4.3	10:47	-0.1	11:52	0.0	5:48	8:27	
2	Wed	5:42	3.1	6:19	4.5	11:47	-0.3			5:48	8:27	
3	Thu	6:44	3.3	7:17	4.7	12:52	-0.3	12:47	-0.4	5:49	8:26	
4	Fri	7:44	3.5	8:11	4.8	1:47	-0.5	1:46	-0.6	5:49	8:26	
5	Sat	8:39	3.7	9:03	4.7	2:38	-0.7	2:41	-0.6	5:50	8:26	
6	Sun	9:34	3.9	9:56	4.6	3:28	-0.7	3:36	-0.5	5:50	8:26	
7	Mon	10:30	3.9	10:50	4.3	4:20	-0.7	4:35	-0.4	5:51	8:26	
8	Tue	11:27	4.0	11:42	4.0	5:13	-0.6	5:37	-0.2	5:52	8:25	
9	Wed			12:21	4.0	6:05	-0.4	6:40	0.1	5:52	8:25	
10	Thu	12:34	3.7	1:16	3.9	6:56	-0.3	7:44	0.3	5:53	8:25	
11	Fri	1:27	3.3	2:17	3.8	7:48	-0.1	8:51	0.4	5:53	8:24	
12	Sat	2:28	3.0	3:23	3.7	8:42	0.1	9:56	0.5	5:54	8:24	
13	Sun	3:37	2.8	4:21	3.7	9:36	0.3	10:54	0.6	5:55	8:24	
14	Mon	4:38	2.7	5:13	3.7	10:27	0.4	11:49	0.5	5:55	8:23	
15	Tue	5:32	2.8	6:00	3.7	11:17	0.4			5:56	8:23	
16	Wed	6:22	2.8	6:44	3.8	12:41	0.5	12:07	0.4	5:57	8:22	
17	Thu	7:09	2.9	7:24	3.8	1:24	0.4	12:54	0.4	5:57	8:22	
18	Fri	7:50	3.0	8:01	3.8	1:59	0.3	1:36	0.4	5:58	8:21	
19	Sat	8:27	3.1	8:35	3.9	2:29	0.2	2:13	0.3	5:59	8:21	
20	Sun	9:03	3.2	9:08	3.8	2:58	0.2	2:49	0.4	6:00	8:20	
21	Mon	9:39	3.3	9:42	3.8	3:29	0.1	3:27	0.4	6:00	8:19	
22	Tue	10:16	3.4	10:19	3.6	4:02	0.1	4:07	0.5	6:01	8:19	
23	Wed	10:54	3.4	10:57	3.5	4:37	0.2	4:52	0.5	6:02	8:18	
24	Thu	11:34	3.5	11:36	3.4	5:16	0.2	5:40	0.6	6:03	8:17	
25	Fri			12:15	3.6	5:56	0.2	6:30	0.6	6:03	8:16	
26	Sat	12:19	3.3	1:00	3.7	6:40	0.2	7:23	0.6	6:04	8:16	
27	Sun	1:06	3.1	1:52	3.8	7:29	0.2	8:23	0.6	6:05	8:15	
28	Mon	2:02	3.0	2:54	4.0	8:24	0.2	9:26	0.5	6:06	8:14	
29	Tue	3:10	3.0	3:59	4.1	9:25	0.1	10:29	0.3	6:07	8:13	
30	Wed	4:18	3.1	5:01	4.3	10:27	0.0	11:31	0.1	6:07	8:12	
31	Thu	5:24	3.3	6:02	4.5	11:29	-0.1			6:08	8:11	