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# Virginia Beach (outer coast), VA - Dec 2031

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 8:47 | 4.0 | 9:13 | 3.1 | 2:21 | 0.2 | 3:14 | 0.3 | 6:57 | 4:47 | |
| 2 | Tue | 9:25 | 3.8 | 9:55 | 3.1 | 3:00 | 0.4 | 3:54 | 0.3 | 6:58 | 4:47 | |
| 3 | Wed | 10:05 | 3.7 | 10:38 | 3.0 | 3:43 | 0.5 | 4:35 | 0.4 | 6:59 | 4:47 | |
| 4 | Thu | 10:44 | 3.5 | 11:20 | 3.0 | 4:29 | 0.7 | 5:17 | 0.5 | 7:00 | 4:47 | |
| 5 | Fri | 11:25 | 3.3 | | | 5:18 | 0.8 | 5:58 | 0.5 | 7:01 | 4:47 | |
| 6 | Sat | 12:05 | 3.0 | 12:08 | 3.1 | 6:09 | 0.8 | 6:42 | 0.5 | 7:02 | 4:47 | |
| 7 | Sun | 12:55 | 3.0 | 12:57 | 3.0 | 7:05 | 0.9 | 7:29 | 0.4 | 7:03 | 4:47 | |
| 8 | Mon | 1:53 | 3.1 | 1:56 | 2.9 | 8:05 | 0.8 | 8:19 | 0.3 | 7:04 | 4:47 | |
| 9 | Tue | 2:49 | 3.4 | 2:55 | 2.9 | 9:03 | 0.6 | 9:08 | 0.2 | 7:04 | 4:47 | |
| 10 | Wed | 3:41 | 3.6 | 3:50 | 3.0 | 9:58 | 0.4 | 9:58 | 0.0 | 7:05 | 4:47 | |
| 11 | Thu | 4:31 | 3.9 | 4:44 | 3.1 | 10:54 | 0.2 | 10:50 | -0.2 | 7:06 | 4:47 | |
| 12 | Fri | 5:22 | 4.2 | 5:39 | 3.2 | 11:49 | -0.1 | 11:43 | -0.4 | 7:07 | 4:47 | |
| 13 | Sat | 6:13 | 4.5 | 6:32 | 3.3 | | | 12:41 | -0.3 | 7:07 | 4:48 | |
| 14 | Sun | 7:03 | 4.6 | 7:24 | 3.5 | 12:36 | -0.6 | 1:29 | -0.5 | 7:08 | 4:48 | |
| 15 | Mon | 7:53 | 4.7 | 8:15 | 3.5 | 1:26 | -0.7 | 2:18 | -0.6 | 7:09 | 4:48 | |
| 16 | Tue | 8:43 | 4.6 | 9:10 | 3.6 | 2:18 | -0.6 | 3:08 | -0.6 | 7:09 | 4:48 | |
| 17 | Wed | 9:36 | 4.4 | 10:07 | 3.6 | 3:13 | -0.5 | 4:02 | -0.6 | 7:10 | 4:49 | |
| 18 | Thu | 10:30 | 4.2 | 11:05 | 3.6 | 4:13 | -0.4 | 4:58 | -0.5 | 7:11 | 4:49 | |
| 19 | Fri | 11:24 | 3.8 | | | 5:17 | -0.2 | 5:53 | -0.4 | 7:11 | 4:50 | |
| 20 | Sat | 12:04 | 3.6 | 12:20 | 3.5 | 6:23 | 0.0 | 6:49 | -0.3 | 7:12 | 4:50 | |
| 21 | Sun | 1:10 | 3.5 | 1:25 | 3.2 | 7:34 | 0.2 | 7:47 | -0.2 | 7:12 | 4:51 | |
| 22 | Mon | 2:22 | 3.6 | 2:36 | 2.9 | 8:46 | 0.2 | 8:45 | -0.1 | 7:13 | 4:51 | |
| 23 | Tue | 3:26 | 3.6 | 3:39 | 2.8 | 9:50 | 0.2 | 9:39 | -0.1 | 7:13 | 4:52 | |
| 24 | Wed | 4:21 | 3.7 | 4:36 | 2.8 | 10:50 | 0.2 | 10:31 | -0.1 | 7:14 | 4:52 | |
| 25 | Thu | 5:12 | 3.8 | 5:28 | 2.8 | 11:46 | 0.1 | 11:22 | -0.1 | 7:14 | 4:53 | |
| 26 | Fri | 5:58 | 3.8 | 6:15 | 2.8 | | | 12:33 | 0.0 | 7:15 | 4:53 | |
| 27 | Sat | 6:39 | 3.8 | 6:56 | 2.9 | 12:09 | -0.1 | 1:11 | 0.0 | 7:15 | 4:54 | |
| 28 | Sun | 7:16 | 3.8 | 7:34 | 2.9 | 12:49 | -0.1 | 1:44 | -0.1 | 7:15 | 4:55 | |
| 29 | Mon | 7:50 | 3.7 | 8:10 | 2.9 | 1:25 | -0.1 | 2:15 | -0.1 | 7:15 | 4:55 | |
| 30 | Tue | 8:23 | 3.7 | 8:48 | 2.9 | 2:00 | -0.1 | 2:46 | -0.1 | 7:16 | 4:56 | |
| 31 | Wed | 8:58 | 3.5 | 9:26 | 2.9 | 2:36 | 0.0 | 3:21 | -0.1 | 7:16 | 4:57 | |