



Virginia Beach (outer coast), VA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:10	4.2	7:29	3.3	12:44	-0.6	1:33	-0.6	7:16	4:58	☀
2	Sun	7:55	4.3	8:17	3.4	1:31	-0.7	2:17	-0.7	7:16	4:59	☀
3	Mon	8:43	4.3	9:08	3.5	2:20	-0.7	3:05	-0.8	7:16	5:00	☀
4	Tue	9:32	4.1	10:02	3.5	3:12	-0.6	3:55	-0.7	7:17	5:01	☀
5	Wed	10:23	3.9	10:57	3.5	4:10	-0.5	4:48	-0.7	7:17	5:01	☀
6	Thu	11:15	3.7	11:53	3.5	5:10	-0.3	5:41	-0.6	7:17	5:02	☀
7	Fri			12:09	3.3	6:13	-0.2	6:36	-0.5	7:16	5:03	☀
8	Sat	12:55	3.5	1:12	3.1	7:22	0.0	7:35	-0.4	7:16	5:04	☀
9	Sun	2:08	3.5	2:24	2.9	8:34	0.0	8:36	-0.4	7:16	5:05	☀
10	Mon	3:17	3.6	3:33	2.8	9:42	0.0	9:35	-0.3	7:16	5:06	☀
11	Tue	4:17	3.6	4:34	2.8	10:45	-0.1	10:33	-0.3	7:16	5:07	☀
12	Wed	5:13	3.7	5:31	2.8	11:44	-0.1	11:30	-0.4	7:16	5:08	☀
13	Thu	6:03	3.8	6:22	2.9			12:34	-0.2	7:16	5:09	☀
14	Fri	6:48	3.8	7:06	3.0	12:20	-0.4	1:16	-0.3	7:15	5:10	☀
15	Sat	7:27	3.7	7:46	3.0	1:03	-0.4	1:52	-0.3	7:15	5:11	☀
16	Sun	8:03	3.7	8:24	3.0	1:41	-0.4	2:25	-0.3	7:15	5:12	☀
17	Mon	8:38	3.6	9:02	3.0	2:18	-0.3	2:58	-0.3	7:14	5:13	☀
18	Tue	9:13	3.4	9:42	3.0	2:55	-0.1	3:33	-0.2	7:14	5:14	☀
19	Wed	9:49	3.2	10:21	2.9	3:35	0.0	4:09	-0.1	7:13	5:15	☀
20	Thu	10:26	3.1	11:00	2.9	4:19	0.2	4:48	0.0	7:13	5:16	☀
21	Fri	11:04	2.9	11:40	2.9	5:04	0.3	5:27	0.0	7:12	5:17	☀
22	Sat	11:44	2.7			5:51	0.4	6:09	0.1	7:12	5:18	☀
23	Sun	12:25	2.9	12:30	2.5	6:43	0.5	6:55	0.1	7:11	5:19	☀
24	Mon	1:18	2.9	1:25	2.4	7:41	0.5	7:48	0.1	7:11	5:20	☀
25	Tue	2:20	3.0	2:29	2.4	8:41	0.4	8:43	0.0	7:10	5:21	☀
26	Wed	3:19	3.2	3:31	2.5	9:39	0.2	9:38	-0.2	7:09	5:23	☀
27	Thu	4:14	3.5	4:28	2.7	10:36	0.0	10:34	-0.4	7:09	5:24	☀
28	Fri	5:07	3.7	5:25	2.9	11:31	-0.3	11:31	-0.6	7:08	5:25	☀
29	Sat	6:00	4.0	6:19	3.2			12:23	-0.6	7:07	5:26	☀
30	Sun	6:50	4.2	7:11	3.4	12:26	-0.8	1:11	-0.8	7:07	5:27	☀
31	Mon	7:38	4.3	8:00	3.6	1:17	-1.0	1:56	-1.0	7:06	5:28	☀