



Virginia Beach (outer coast), VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:19	4.3	7:42	4.1	1:04	-1.0	1:33	-1.0	6:33	5:58	☀
2	Wed	8:08	4.2	8:32	4.3	1:55	-1.1	2:19	-1.0	6:32	5:59	☀
3	Thu	8:58	4.1	9:24	4.3	2:47	-1.0	3:07	-1.0	6:30	6:00	☀
4	Fri	9:49	3.8	10:18	4.1	3:42	-0.8	3:59	-0.8	6:29	6:01	☀
5	Sat	10:41	3.6	11:11	4.0	4:41	-0.6	4:53	-0.6	6:28	6:02	☀
6	Sun	11:34	3.3			5:41	-0.3	5:49	-0.3	6:26	6:03	☀
7	Mon	12:08	3.7	12:32	3.0	6:44	0.0	6:50	-0.1	6:25	6:04	☀
8	Tue	1:15	3.4	1:45	2.8	7:55	0.2	7:58	0.1	6:23	6:05	☀
9	Wed	2:33	3.3	3:02	2.7	9:03	0.3	9:05	0.2	6:22	6:05	☀
10	Thu	3:41	3.2	4:04	2.8	10:03	0.3	10:07	0.2	6:21	6:06	☀
11	Fri	4:37	3.2	4:57	2.9	10:58	0.3	11:03	0.2	6:19	6:07	☀
12	Sat	5:25	3.3	5:44	3.1	11:46	0.2	11:52	0.1	6:18	6:08	☀
13	Sun	7:07	3.3	7:24	3.2			1:24	0.1	7:16	7:09	☀
14	Mon	7:44	3.4	7:59	3.4	1:33	0.0	1:56	0.0	7:15	7:10	☀
15	Tue	8:16	3.4	8:32	3.5	2:06	-0.1	2:23	-0.1	7:13	7:11	☀
16	Wed	8:47	3.4	9:04	3.5	2:38	-0.1	2:51	-0.1	7:12	7:12	☀
17	Thu	9:19	3.3	9:37	3.6	3:09	-0.1	3:20	-0.1	7:10	7:13	☀
18	Fri	9:52	3.3	10:11	3.5	3:44	-0.1	3:53	0.0	7:09	7:14	☀
19	Sat	10:27	3.1	10:48	3.5	4:21	0.0	4:29	0.1	7:07	7:15	☀
20	Sun	11:05	3.0	11:28	3.5	5:03	0.1	5:09	0.2	7:06	7:15	☀
21	Mon	11:45	2.9			5:48	0.2	5:54	0.3	7:04	7:16	☀
22	Tue	12:10	3.4	12:28	2.8	6:36	0.3	6:42	0.3	7:03	7:17	☀
23	Wed	12:58	3.4	1:19	2.8	7:29	0.4	7:38	0.3	7:02	7:18	☀
24	Thu	1:54	3.4	2:21	2.8	8:29	0.4	8:42	0.3	7:00	7:19	☀
25	Fri	3:02	3.4	3:32	3.0	9:31	0.2	9:48	0.1	6:59	7:20	☀
26	Sat	4:10	3.6	4:38	3.3	10:31	0.1	10:51	-0.1	6:57	7:21	☀
27	Sun	5:12	3.7	5:39	3.6	11:29	-0.2	11:54	-0.4	6:56	7:22	☀
28	Mon	6:11	3.9	6:37	4.0			12:25	-0.5	6:54	7:22	☀
29	Tue	7:07	4.1	7:31	4.3	12:55	-0.6	1:18	-0.7	6:53	7:23	☀
30	Wed	8:00	4.2	8:22	4.6	1:51	-0.8	2:08	-0.8	6:51	7:24	☀
31	Thu	8:50	4.1	9:12	4.6	2:42	-0.9	2:55	-0.9	6:50	7:25	☀