

































Virginia Beach (outer coast), VA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:13	3.7	10:33	4.4	4:11	-0.6	4:10	-0.3	6:09	7:52	
2	Mon	11:06	3.5	11:24	4.1	5:04	-0.3	5:04	-0.1	6:07	7:53	
3	Tue	11:58	3.4			5:59	-0.1	6:01	0.2	6:06	7:54	
4	Wed	12:14	3.8	12:50	3.2	6:52	0.1	6:58	0.4	6:05	7:55	
5	Thu	1:05	3.5	1:47	3.1	7:46	0.3	7:59	0.6	6:04	7:56	
6	Fri	2:01	3.2	2:55	3.1	8:42	0.4	9:05	0.7	6:03	7:57	
7	Sat	3:08	3.0	3:58	3.1	9:35	0.5	10:05	0.7	6:02	7:58	
8	Sun	4:09	2.9	4:47	3.2	10:20	0.5	10:58	0.7	6:01	7:58	
9	Mon	4:59	2.9	5:31	3.4	11:01	0.5	11:46	0.6	6:00	7:59	
10	Tue	5:45	2.9	6:11	3.6	11:42	0.4			5:59	8:00	
11	Wed	6:29	3.0	6:50	3.7	12:32	0.4	12:22	0.3	5:59	8:01	
12	Thu	7:10	3.1	7:28	3.9	1:13	0.3	1:02	0.3	5:58	8:02	
13	Fri	7:48	3.1	8:03	4.0	1:50	0.1	1:40	0.2	5:57	8:03	
14	Sat	8:25	3.1	8:39	4.0	2:25	0.0	2:17	0.1	5:56	8:04	
15	Sun	9:02	3.2	9:17	4.1	3:01	-0.1	2:54	0.1	5:55	8:04	
16	Mon	9:41	3.2	9:57	4.0	3:39	-0.1	3:34	0.1	5:54	8:05	
17	Tue	10:23	3.2	10:41	4.0	4:21	-0.1	4:19	0.2	5:54	8:06	
18	Wed	11:10	3.2	11:27	3.9	5:08	0.0	5:10	0.3	5:53	8:07	
19	Thu	11:58	3.2			5:57	0.0	6:06	0.3	5:52	8:08	
20	Fri	12:16	3.8	12:50	3.3	6:48	0.0	7:04	0.3	5:51	8:09	
21	Sat	1:08	3.6	1:48	3.4	7:42	0.0	8:09	0.3	5:51	8:09	
22	Sun	2:09	3.5	2:55	3.6	8:39	-0.1	9:17	0.2	5:50	8:10	
23	Mon	3:17	3.4	4:02	3.8	9:37	-0.2	10:23	0.1	5:50	8:11	
24	Tue	4:23	3.4	5:02	4.1	10:33	-0.3	11:26	-0.1	5:49	8:12	
25	Wed	5:25	3.4	5:59	4.4	11:30	-0.4			5:48	8:12	
26	Thu	6:25	3.5	6:55	4.5	12:29	-0.3	12:27	-0.4	5:48	8:13	
27	Fri	7:23	3.6	7:47	4.6	1:27	-0.5	1:21	-0.5	5:47	8:14	
28	Sat	8:15	3.6	8:36	4.6	2:19	-0.6	2:12	-0.5	5:47	8:15	
29	Sun	9:05	3.6	9:23	4.5	3:06	-0.5	3:00	-0.4	5:47	8:15	
30	Mon	9:55	3.5	10:11	4.2	3:53	-0.4	3:48	-0.2	5:46	8:16	
31	Tue	10:45	3.4	10:58	4.0	4:42	-0.3	4:39	0.1	5:46	8:17	