
































Virginia Beach (outer coast), VA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:41	3.6	3:07	3.9	8:57	0.8	9:35	0.4	7:28	6:06	
2	Wed	3:49	3.8	4:11	4.0	10:03	0.6	10:30	0.2	7:29	6:05	
3	Thu	4:50	4.2	5:10	4.1	11:05	0.4	11:24	0.0	7:30	6:04	
4	Fri	5:46	4.6	6:08	4.2			12:07	0.1	7:31	6:03	
5	Sat	6:42	4.9	7:05	4.2	12:18	-0.2	1:06	-0.1	7:32	6:02	
6	Sun	6:35	5.1	6:58	4.2	1:12	-0.4	1:01	-0.3	6:33	5:01	
7	Mon	7:26	5.2	7:50	4.2	1:02	-0.5	1:52	-0.3	6:34	5:00	
8	Tue	8:16	5.1	8:42	4.1	1:51	-0.4	2:43	-0.3	6:35	4:59	
9	Wed	9:08	5.0	9:36	3.9	2:41	-0.2	3:38	-0.1	6:36	4:59	
10	Thu	10:01	4.7	10:32	3.7	3:35	0.0	4:36	0.1	6:37	4:58	
11	Fri	10:54	4.4	11:28	3.5	4:33	0.3	5:33	0.3	6:38	4:57	
12	Sat	11:47	4.0			5:34	0.5	6:31	0.5	6:39	4:56	
13	Sun	12:27	3.4	12:43	3.7	6:36	0.8	7:29	0.6	6:40	4:55	
14	Mon	1:36	3.4	1:49	3.4	7:44	0.9	8:25	0.6	6:41	4:55	
15	Tue	2:44	3.4	2:53	3.3	8:49	0.9	9:12	0.6	6:42	4:54	
16	Wed	3:37	3.5	3:44	3.2	9:44	0.9	9:53	0.6	6:43	4:53	
17	Thu	4:22	3.6	4:29	3.2	10:34	0.8	10:32	0.6	6:44	4:53	
18	Fri	5:03	3.8	5:11	3.2	11:21	0.7	11:11	0.5	6:45	4:52	
19	Sat	5:41	3.9	5:52	3.3			12:02	0.6	6:46	4:52	
20	Sun	6:18	4.0	6:31	3.3			12:39	0.4	6:47	4:51	
21	Mon	6:53	4.1	7:07	3.3	12:26	0.3	1:13	0.3	6:48	4:50	
22	Tue	7:28	4.2	7:43	3.3	1:02	0.3	1:47	0.3	6:49	4:50	
23	Wed	8:03	4.2	8:20	3.2	1:37	0.3	2:23	0.2	6:50	4:50	
24	Thu	8:41	4.2	9:01	3.2	2:15	0.3	3:02	0.3	6:51	4:49	
25	Fri	9:21	4.1	9:45	3.2	2:56	0.3	3:46	0.3	6:52	4:49	
26	Sat	10:05	4.0	10:32	3.2	3:42	0.4	4:33	0.3	6:53	4:48	
27	Sun	10:51	3.9	11:22	3.3	4:35	0.5	5:23	0.2	6:54	4:48	
28	Mon	11:40	3.8			5:31	0.5	6:14	0.2	6:55	4:48	
29	Tue	12:16	3.4	12:34	3.7	6:32	0.5	7:09	0.1	6:56	4:48	
30	Wed	1:19	3.5	1:38	3.5	7:39	0.5	8:06	0.0	6:57	4:47	